

**2016 Mt. Carmel Invitational Track Meet****Results - Races****Girls 100 Meter Dash Events 27-30 Div-1**

Name	Yr	School	Seed	Finals	
<b>Section 1 Wind: 2.2</b>					
1 Yarbrough, Darriale	12	Fallbrook	12.80	12.41	1
2 Yohnka, Emily	12	Notre Dame (So) -ss	12.84	12.59	1
3 Chambers, Chinyere	12	Northwood	12.71	12.72	1
4 Wharry, Jazzleen	12	Olympian	12.74	12.75	1
5 Osier, Peyton	10	Glendora	12.75	12.80	1
6 Butler, Katelyn	11	Cathedral Catholic	12.78	12.97	1
7 Woods, Brittany	12	West Hills	12.84	13.31	1
8 Jackson, Kyra	12	Paramount	12.69	13.42	1
<b>Section 2 Wind: 2.5</b>					
1 Buehner, Lauren	10	Arcadia	12.53	12.19	2
2 Glover, Marnae	10	Bishop O'Dowd	12.53	12.31	2
3 Okeani, Tiffany	11	Los Osos	12.62	12.51	2
4 White, Zion	11	Valhalla	12.64	12.57	2
5 Phillips, Jaiden	11	San Diego	12.54	12.79	2
6 Preston, Katie	12	Vista	12.52	12.99	2
7 Hammermeister, Jayda	11	Torrey Pines	12.52	13.16	2
<b>Section 3 Wind: NW1</b>					
1 Fletcher, Callista	11	Scripps Ranch	12.30	12.00	3
2 Wilson, Alana	10	La Quinta (Lq)	12.49	12.42	3
3 Willingham, Damatria	11	Paloma Valley	12.36	12.48	3
3 Dominguez, Genevieve	11	Simi Valley	12.29	12.48	3
5 Dougan, Giselle	11	Mt. Carmel	12.32	12.50	3
6 Avila, Mia	10	Carondelet	12.45	12.58	3
7 Green, Malia	9	Notre Dame (So) -ss	12.47	12.62	3
8 Avina, Avery	12	Carondelet	12.38	12.99	3
<b>Section 4 Wind: 2.0</b>					
1 Van Buren, Amanda	12	Vista Murrieta	11.64	11.70	4
2 Barnes, Celera	12	St. Bonaventure	11.50	11.71	4
3 Farmer, Sissy	12	Notre Dame (So) -ss	11.95	11.93	4
4 Troescher, Sarah	12	Arcadia	12.15	12.17	4
5 King, Kiera	11	Wilson (Lb) -ss	12.28	12.21	4
6 Wilson, Jada	10	El Camino -sd	12.20	12.23	4
7 Stallman, Holly	12	Ramona -sd	12.11	12.30	4

**Girls 200 Meter Dash Events 60-63 Div-1**

Name	Yr	School	Seed	Finals	
<b>Section 1 Wind: 0.8</b>					
1 White, Zion	11	Valhalla	26.19	25.98	1
2 Campbell, Aliyah	11	Mt. Carmel	26.25	26.11	1
3 Gould, Michelle	12	La Costa Cnyn	26.19	26.45	1
4 Chan, Courtney	10	Arcadia	26.28	26.88	1
5 Davis, Xzyria	11	Lakewood	26.14	28.13	1
<b>Section 2 Wind: 2.6</b>					
1 Allain, Deja	9	La Sierra	25.80	25.47	2
2 Salongo, Leia	10	Mira Mesa	25.88	25.77	2
3 Frank, Jolize	11	Morse	25.87	25.78	2
4 Chambers, Chinyere	12	Northwood	25.92	26.17	2
5 Avila, Mia	10	Carondelet	25.97	26.21	2
6 Dominguez, Genevieve	11	Simi Valley	25.95	26.28	2

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 2 Wind: 2.6 ... (Girls 200 Meter Dash Events 60-63 Div-1)

Name	Yr	School	Seed	Finals	
7 Green, Malia	9	Notre Dame (So) -ss	25.98	26.34	2

## Section 3 Wind: 2.1

1 King, Kiera	11	Wilson (Lb) -ss	25.52	24.84	3
2 Buehner, Lauren	10	Arcadia	25.39	24.90	3
3 Fletcher, Callista	11	Scripps Ranch	25.71	25.24	3
4 Stallman, Holly	12	Ramona -sd	25.32	25.91	3
5 Phillips, Jaiden	11	San Diego	25.50	26.46	3
6 Wharry, Jazzleen	12	Olympian	25.75	26.57	3
7 Saxson, Miracle	10	JW North	25.74	26.76	3

## Section 4 Wind: 2.2

1 Barnes, Celera	12	St. Bonaventure	23.60	23.89	4
2 Van Buren, Amanda	12	Vista Murrieta	24.33	23.90	4
3 Robinson-jones, Tierra	10	Bishop O'Dowd	24.73	24.68	4
4 Farmer, Sissy	12	Notre Dame (So) -ss	24.77	24.71	4
5 Wilson, Jada	10	El Camino -sd	24.96	25.12	4
6 Roberson, Sakura	11	La Jolla	25.14	25.68	4

## Girls 400 Meter Dash Events 41-44 Div-1

Name	Yr	School	Seed	Finals	
------	----	--------	------	--------	--

<b>Section 1</b>					
1 Best, Sydney	12	Del Norte (Sd)	1:00.54	1:00.66	1
2 Flint, Ellie	10	Torrey Pines	1:00.19	1:01.03	1
3 Rodgers, Orion	12	Notre Dame (So) -ss	1:00.45	1:01.36	1
4 Bishop, Cassie	11	Valley Center	1:00.48	1:01.55	1
5 Omahen, Ashlyn	11	University Cty	1:00.16	1:01.72	1
6 Alexander, London	10	Harvard-Westlk	1:00.70	1:02.17	1
7 Jones, Tionna	9	High Tech High Jacobs	1:00.74	1:02.27	1
8 Josey, Kaia	11	West Hills	1:00.34	1:03.25	1
9 Miles, Ariana	10	Harvard-Westlk	1:00.73	1:03.42	1

<b>Section 2</b>					
1 Ellis, Gabrielle	9	Notre Dame (So) -ss	59.19	58.30	2
2 Chan, Courtney	10	Arcadia	59.79	1:00.05	2
3 Whiteto, Skylar	10	Wilson (Lb) -ss	59.31	1:00.68	2
4 Hobrock, Claire	12	Cathedral Catholic	59.43	1:00.89	2
5 Nwude-jacobs, Chidera	11	Notre Dame (So) -ss	59.41	1:01.10	2
6 Dehaven, Bailey	12	Granite Hills -sd	59.87	1:01.70	2
7 Gopal, Alexis	9	Northwood	59.86	1:03.19	2
8 Valdez, Alyssa	12	Central Union	59.80	1:05.72	2

<b>Section 3</b>					
1 Richard, Paige	11	Poway	58.40	58.06	3
2 Bolger, Amanda	11	Northwood	58.96	58.75	3
3 Allain, Deja	9	La Sierra	58.80	58.79	3
4 Saxson, Miracle	10	JW North	58.43	1:00.20	3
5 Church, Markya	12	Paramount	58.96	1:03.25	3

<b>Section 4</b>					
1 Robinson-jones, Tierra	10	Bishop O'Dowd	55.26	55.90	4
2 Ruotolo, Julianna	12	Carondelet	56.38	57.40	4
3 Kaseberg, Ann Caroline	12	Torrey Pines	58.04	57.63	4
4 Ortiz, Lea	12	High Tech High Jacobs	57.76	57.93	4
5 Walker, Jaylah	12	La Sierra	57.40	58.39	4
6 Firsching, Olivia	10	Cathedral Catholic	57.75	59.24	4

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 4 ... (Girls 400 Meter Dash Events 41-44 Div-1)

Name	Yr	School	Seed	Finals	
7 Frank, Jolize	11	Morse	56.88	59.42	4
8 Mach, Melanie		Rosemead		1:02.53	4

## Girls 800 Meter Run Div-1

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Roberson, Sierra	9	La Jolla	2:28.14	2:14.54
2 Waters, Gabrielle	10	Cathedral Catholic	2:26.67	2:23.06
3 Deguerio, Janice	11	Santana	2:27.43	2:25.38
3 Ramirez, Vanessa	12	La Quinta (Lq)	2:27.54	2:25.38
5 Briski, Alex	11	Mission Bay	2:26.77	2:26.16
6 Nguyen, Jennifer	11	Mt. Carmel	2:28.52	2:26.81
7 Bonilla, Emily	11	Eastlake	2:27.02	2:27.95
8 Ali, Jamilah	10	Burroughs (Bur)	2:27.59	2:28.81
9 Stone, Bailey	12	University Cty	2:26.74	2:34.92
10 Brown, Sienna	12	El Camino -sd	2:28.62	2:35.81
11 Spacher, Sidney	11	Los Osos	2:27.64	2:36.24
12 Sheahan, Lily	9	Ursuline School	2:26.74	2:37.19
13 Shreedar, Priyanka	11	Mt. Carmel	2:26.88	2:37.52
14 Roy, Gillian	9	Notre Dame (So) -ss	2:28.21	2:40.12
15 Rode3, Colleen		Ursuline School		2:41.74
16 Irving, Annik	12	Harvard-Westlk	2:27.91	2:48.50

## Girls 1600 Meter Run Div-1

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Roche, Keely	12	Scripps Ranch	5:27.41	5:15.18
2 Boyd, Keely	12	La Costa Cnyn	5:21.00	5:17.34
3 Misuraca, Ellie	10	Westview	5:24.12	5:22.02
4 Robinson, Kerenza	12	Mt. Carmel	5:27.88	5:23.10
5 Chapkis, Corinne	10	Canyon Crest Academy	5:31.71	5:28.00
6 Padilla, Milla	10	Bonita Vista	5:24.24	5:29.04
7 Zoehrer, Sydney	9	Coronado	5:29.73	5:29.56
8 Crosson, Casey	11	Harvard-Westlk	5:30.85	5:29.68
9 Perry, Annelise	12	Del Norte (Sd)	5:19.29	5:29.69
10 Ansley, Francine	9	La Quinta (Lq)	5:31.29	5:32.97
11 Wade, Olivia	9	Point Loma	5:27.97	5:34.47
12 Smitham, Naomi	10	Canyon Crest Academy	5:26.91	5:35.35
13 Turner, Lauren	9	Laguna Hills	5:30.63	5:36.55
14 Wood, Kaitlyn	10	Simi Valley	5:20.00	5:37.11
15 Buttlar, Eden	12	Laguna Hills	5:31.01	5:41.87
16 Umsted, Kaitlyn	12	Poway	5:23.83	5:45.57
17 Martinez, Alexandra	10	Olympian	5:31.00	5:47.09
18 Farris, Lauren	10	Steele Canyon	5:22.43	5:48.46

## Girls 3200 Meter Run Div-1

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Mahan, Olivia	9	Westview	11:43.64	11:26.21
2 Cerveny, Alex	11	Cathedral Catholic	11:44.38	11:34.34
3 Learn, Kassady	11	Rancho Bernardo	11:57.00	11:39.89

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 1 ... (Girls 3200 Meter Run Div-1)

Name	Yr	School	Seed	Finals
4 Delzio, Molly	11	Scripps Ranch	11:40.10	11:40.51
5 Ruff, Ella	9	University Cty	11:55.48	11:47.54
6 Wood, Kaitlyn	10	Simi Valley	11:40.00	11:53.10
7 Isabel, Miralles	9	Country Day (La Jolla)	12:05.40	11:57.66
8 Bourke, Anna	10	Cathedral Catholic	12:04.86	11:58.58
9 Castillo, Sofia	10	Mira Mesa	12:03.93	12:10.62
10 Scott, Allyson	12	El Capitan -sd	11:51.34	12:14.87
11 Bohan, Rachel	12	Cathedral Catholic	11:57.64	12:16.96
12 Doonan, Taylor	11	Point Loma		12:22.37
13 Perez, Jessica	9	Rosemead	12:02.83	12:29.69
14 Guanuna, Elena	12	Poway	12:07.80	12:32.93
15 Sorilla, Jordan	11	Valhalla	12:05.52	12:35.06
16 Beck, Erin	10	Canyon Crest Academy	12:03.33	12:36.22
17 Drisco, Courtney	11	Carlsbad	11:55.58	12:37.24
18 Vela, Andrea	12	Fallbrook	12:01.27	12:38.60
19 Farris, Lauren	10	Steele Canyon	11:43.35	12:38.92
20 Drisco, Kendall	10	Carlsbad	12:03.19	12:42.46
21 Alfaro, Eyra	11	Otay Ranch	11:44.57	12:57.29

## Girls 100 Meter Hurdles Events 19-22 Div-1

Name	Yr	School	Seed	Finals	
<b>Section 1 Wind: 0.7</b>					
1 White, Kelsey	10	Del Norte (Sd)	16.54	16.62	1
2 Joseph, Dehijah	12	Vista Murrieta	16.72	16.73	1
3 Lee, Karen	12	Poway	16.78	16.81	1
4 Sojourner, Emily	12	Ramona -sd	16.68	17.02	1
5 Wilson, Morgan	11	Ramona -sd	16.67	17.91	1
6 Scott, Alia	10	Vista	16.62	19.35	1
<b>Section 2 Wind: 1.6</b>					
1 Moore, Raelleah	12	Granite Hills -sd	16.30	15.70	2
2 Reynolds, Shalee	11	Glendora	16.32	15.80	2
3 Reynolds, Shyann	11	Glendora	16.06	15.81	2
4 Golba, Nicole	11	Cathedral Catholic	16.41	16.06	2
5 Clarke, Khala	12	Mira Mesa	16.50	16.87	2
6 Furgerson, Mya	10	Wilson (Lb) -ss	16.33	17.36	2
7 Larson, Emily	11	Fallbrook	16.30	17.51	2
8 Read, Christina	11	Arcadia	16.30	20.98	2
<b>Section 3 Wind: 0.9</b>					
1 Tabron, Diamond	12	JW North	15.44	15.11	3
2 Dettman, Devony	12	Vista Murrieta	15.48	15.25	3
3 Dean, Arryana	12	San Diego	15.67	15.47	3
4 O'Donnell, Teigan	11	La Costa Cnyn	15.76	15.90	3
5 Washington, Corinne	12	Wilson (Lb) -ss	15.78	16.24	3
6 Milligan, Nina	12	Harvard-Westlk	15.75	16.32	3
7 May, Kellie	11	Northwood	15.79	16.76	3
8 Mandell, Ruby	12	Del Norte (Sd)	15.59	16.77	3
<b>Section 4 Wind: 1.9</b>					
1 Awakoaiye, Kara	9	Bishop O'Dowd	14.15	14.20	4
2 Nealis, Hannah	12	Valley Center	14.63	14.46	4
3 Vien, Tammy	12	Rosemead	15.18	14.75	4
4 Bell, Tajanique	12	Steele Canyon	14.66	14.94	4

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 4 Wind: 1.9 ... (Girls 100 Meter Hurdles Events 19-22 Div-1)

Name	Yr	School	Seed	Finals	
5 Smith, Asia	11	Mission Hills	15.28	15.14	4
6 Oliver, Shayla	11	Mira Mesa	15.42	15.58	4
7 Sinclair, Alana	12	San Diego	15.22	15.82	4
8 Joseph, Adiva	10	San Diego	15.33	15.83	4
9 Martin, Nicole	12	La Costa Cnyn	15.27	15.95	4

## Girls 300 Meter Hurdles Events 51-54 Div-1

Name	Yr	School	Seed	Finals	
<b>Section 1</b>					
1 Williams, Jayla	12	Torrey Pines	48.14	46.73	1
2 Roberson, Satori	12	La Jolla	48.52	47.55	1
3 Hoffman, Devin	11	Poway	47.99	47.99	1
4 Moore, Raelleah	12	Granite Hills -sd	48.65	48.26	1
5 Clarke, Khala	12	Mira Mesa	47.90	48.67	1
6 Du, Kyla	12	Arcadia	48.66	48.81	1
7 French, Hannah	12	Fallbrook	48.57	50.04	1
8 Mattson, Megan	10	Sage Creek	48.44	50.10	1
--- Raglin, Jazsai	12	Paramount	48.23	DNF	1

<b>Section 2</b>					
1 Furgerson, Mya	10	Wilson (Lb) -ss	47.88	46.87	2
2 Dettman, Devony	12	Vista Murrieta	47.82	48.11	2
3 Jones, Aspen	11	Notre Dame (So) -ss	47.60	48.18	2
4 Moore, Lauryn	11	Bishop O'Dowd	47.00	48.44	2
5 Joseph, Adiva	10	San Diego	47.50	48.67	2
6 Joseph, Dehijah	12	Vista Murrieta	47.21	49.14	2
7 Oliver, Shayla	11	Mira Mesa	47.46	51.68	2

<b>Section 3</b>					
1 Reynolds, Shyann	11	Glendora	46.34	46.01	3
2 Golba, Nicole	11	Cathedral Catholic	46.75	46.31	3
3 O'Donnell, Teigan	11	La Costa Cnyn	46.99	46.60	3
4 Mandell, Ruby	12	Del Norte (Sd)	46.24	47.26	3
5 Scott, Alia	10	Vista	46.22	47.54	3
6 Pettit, Danielle	12	Valley Center	46.63	48.26	3
7 Dean, Arryana	12	San Diego	46.69	48.39	3
8 Washington, Corinne	12	Wilson (Lb) -ss	46.82	50.55	3

<b>Section 4</b>					
1 Corrin, Courtney	12	Harvard-Westlk	42.41	43.58	4
2 Bell, Tajanique	12	Steele Canyon	43.91	44.07	4
3 Tabron, Diamond	12	JW North	44.78	44.48	4
4 Walker, Jaylah	12	La Sierra	43.67	44.65	4
5 Vien, Tammy	12	Rosemead	45.31	45.43	4
6 Thomas, Kate	10	Torrey Pines	45.88	46.58	4
7 Nash, Olivia	12	Calvin Christian	45.93	47.08	4
8 Avina, Avery	12	Carondelet	44.56	47.15	4

## Girls 4x100 Meter Relay Events 5-9 Div-1

Team	Relay	Seed	Finals	
<b>Section 1</b>				
1 West Hills		52.54	51.77	1
2 Mission Hills		52.14	52.36	1
3 Indio		52.50	52.44	1

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 1 ... (Girls 4x100 Meter Relay Events 5-9 Div-1)

Team	Relay	Seed	Finals	
4	University Cty	52.14	52.52	1
5	Scripps Ranch	52.11	52.69	1
6	Rosemead	52.36	53.38	1
7	Sweetwater		1:00.18	1

## Section 2

1	San Marcos -sd	51.98	51.00	2
2	Vista	51.31	51.12	2
3	Madison	51.88	51.18	2
4	Granite Hills -sd	51.39	51.24	2
5	Cathedral Catholic	51.62	51.31	2
6	Mira Mesa	51.22	51.57	2
7	Eastlake	51.64	51.87	2
8	Harvard-Westlk	51.75	51.88	2
9	Ursuline School	51.74	53.14	2

## Section 3

1	Steele Canyon	50.68	50.26	3
2	Ramona -sd	50.35	50.28	3
3	Morse	50.47	50.68	3
4	Mt. Carmel	50.50	50.77	3
5	JW North	50.44	51.03	3
6	San Pasqual	50.90	51.31	3
7	Poway	51.02	51.55	3

## Section 4

1	Simi Valley	50.15	49.74	4
2	Wilson (Lb) -ss	49.63	49.76	4
3	Helix	50.14	49.86	4
4	Glendora	50.12	49.97	4
5	San Diego	49.64	50.19	4
6	La Costa Cnyn	49.67	50.49	4
7	La Quinta (Lq)	49.78	50.84	4
8	El Camino -sd	49.63	50.89	4
9	Valhalla	49.64	51.51	4

## Section 5

1	Bishop O'Dowd	48.28	47.26	5
2	Notre Dame (So) -ss	48.12	48.08	5
3	Arcadia	48.12	48.10	5
4	Torrey Pines	49.24	48.86	5
5	Carondelet	47.58	49.26	5
6	Olympian	49.56	51.06	5
7	Northwood	48.92	52.10	5

## Girls 4x400 Meter Relay Events 69-72 Div-1

Team	Relay	Seed	Finals	
<b>Section 1</b>				
1	University Cty	4:19.80	4:06.72	1
2	Del Norte (Sd)	4:15.24	4:13.65	1
3	Ursuline School	4:18.74	4:14.31	1
4	Ramona -sd	4:16.20	4:20.73	1
5	Mira Mesa	4:23.57	4:23.94	1
6	Lakewood	4:15.24	4:25.63	1
7	Helix	4:19.00	4:31.67	1

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 2 ... (Girls 4x400 Meter Relay Events 69-72 Div-1)

Team	Relay	Seed	Finals	
<b>Section 2</b>				
1	La Quinta (Lq)	4:10.60	4:03.03	2
2	Mt. Carmel	4:12.00	4:05.34	2
3	Granite Hills -sd	4:14.74	4:07.19	2
4	Torrey Pines	4:10.34	4:09.03	2
5	Eastlake	4:15.17	4:12.86	2
6	Burroughs (Bur)	4:12.20	4:14.42	2
7	Scripps Ranch	4:14.72	4:14.82	2
<b>Section 3</b>				
1	La Jolla	4:03.24	3:59.26	3
2	La Costa Cnyn	4:08.35	4:04.77	3
3	Steele Canyon	4:07.23	4:06.32	3
4	Cathedral Catholic	4:04.24	4:11.31	3
5	Valhalla	4:02.59	4:12.29	3
<b>Section 4</b>				
1	Arcadia	3:47.95	3:56.18	4
2	Bishop O'Dowd	4:00.00	3:57.82	4
3	Notre Dame (So) -ss	3:59.72	3:57.84	4
4	Carondelet	3:45.98	4:01.08	4
5	Poway	3:54.05	4:01.51	4
6	JW North	4:00.00	4:04.52	4
7	Wilson (Lb) -ss	4:00.14	4:05.58	4
8	Carlsbad	3:59.46	4:23.96	4

## Girls 4x800 Meter Relay Div-1

Team	Relay	Seed	Finals	
<b>Section 1</b>				
1	Ursuline School	9:37.50	9:25.12	
2	Wilson (Lb) -ss	9:59.65	10:03.87	
3	Ursuline School		10:05.76	B
4	Granite Hills -sd	10:45.00	10:09.54	
5	Mira Mesa	10:23.26	10:09.59	
6	Rancho Bernardo	10:15.00	10:11.91	
7	Vista	10:25.00	10:13.20	
8	Steele Canyon	10:08.01	10:14.90	
9	Poway	10:13.70	10:15.01	
10	El Capitan -sd	10:05.00	10:17.18	
11	Fallbrook	10:15.10	10:18.79	
11	Ramona -sd	10:05.00	10:18.79	
13	Westview	10:00.00	10:19.07	
14	Mt. Carmel	10:35.00	10:19.11	
15	Harvard-Westlk	10:02.51	10:19.61	
16	Cathedral Catholic	10:15.00	10:22.41	
17	Olympian	10:36.00	10:26.68	
18	JW North	10:25.00	10:28.48	
19	Oceanside	10:42.92	10:30.71	
20	Arcadia	10:12.50	10:31.80	
21	Escondido	10:25.00	10:32.68	
22	Patrick Henry	10:15.00	10:38.35	
23	West Hills	10:30.00	10:48.98	
24	Carlsbad	10:08.00	10:59.90	

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

**Girls Distance Medley F DMR Div-1**

Team	Relay	Seed	Finals
<b>Section 1</b>			
1 Ursuline School		12:05.40	12:12.01
2 Torrey Pines		12:45.50	12:39.03
3 La Quinta (Lq)		13:10.24	12:43.69
4 Mt. Carmel			12:56.31
5 Scripps Ranch		12:45.00	12:59.05
6 High Tech High Jacobs		13:14.73	13:02.24
7 El Camino -sd		13:10.00	13:10.19
8 Carlsbad		13:30.00	13:10.46
9 Westview		13:10.00	13:11.43
10 Rancho Bernardo		13:00.00	13:15.90
11 Arcadia		13:04.60	13:16.23
12 Grossmont		13:15.88	13:18.72
13 Harvard-Westlk		12:58.08	13:24.23
14 Poway		13:21.45	13:27.81
15 Mira Mesa		13:40.98	13:29.13
16 Point Loma		13:35.00	13:31.43
17 West Hills		13:41.00	13:32.49
18 JW North		12:35.00	13:40.23
19 Steele Canyon		13:21.29	13:40.82
20 Lakewood		13:45.00	13:49.35
21 University Cty		13:02.00	13:53.01
22 La Jolla		13:15.00	13:56.03

**Girls 800 Meter Run Div-2**

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Lexi, Watkins	10	Country Day (La Jolla)	2:24.46	2:22.64
2 Acosta, Paige	10	Arcadia	2:25.72	2:24.31
3 Winkler, Sarah	11	Simi Valley	2:25.00	2:25.73
4 Kao, Lisa	11	Rosemead	2:24.33	2:26.02
5 Groff, Hazel	10	Cathedral Catholic	2:24.01	2:26.77
6 Cash, Makena	11	Eastlake	2:26.20	2:28.39
7 Moro, Mariah	10	Notre Dame (So) -ss	2:24.34	2:29.24
8 Keller, Hannah	12	Valley Center	2:24.43	2:30.31
9 Schneider, Samantha	11	Carlsbad	2:25.78	2:32.42
10 Haluza, Marin	10	Poway	2:25.31	2:35.40
11 Ortiz, Joanna	11	Otay Ranch	2:25.56	2:38.57

**Girls 1600 Meter Run Div-2**

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Brown, Mckenna	10	La Costa Cnyn	5:02.68	4:55.66
2 Mcfarland, Leyla	10	Eastlake	5:01.21	5:04.33
3 Carter, Paige	11	San Marcos -sd	5:07.78	5:05.76
4 He, Jasmine	10	Arcadia	5:09.56	5:06.59
5 Reidman, Jessica	9	La Costa Cnyn	5:14.38	5:07.52
6 Virtue, Emily	10	Burroughs (Bur)	5:07.70	5:08.79
7 Clifford, Courtney	12	Grossmont	5:16.43	5:12.79
8 Liang, Cindy	11	Arcadia	5:12.03	5:14.87



## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 1 ... (Girls 1600 Meter Run Div-2)

Name	Yr	School	Seed	Finals
9 Renee, Phillips	11	Coronado	5:14.33	5:15.32
10 Rinke, Mckenna	11	Laguna Hills	5:13.07	5:15.54
11 Yamane, Eryca	10	Arcadia	5:10.13	5:15.84
12 Moro, Mariah	10	Notre Dame (So) -ss	5:17.34	5:18.62
13 Winkler, Sarah	11	Simi Valley	5:15.12	5:18.94
14 Respes, Alexandra	11	Mira Mesa	5:12.71	5:25.07
15 Bernd, Claire	10	Canyon Crest Academy	5:17.98	5:25.31
16 Amen, Jourdan	11	Bishop O'Dowd	5:17.34	5:29.24
17 Barret, Erica	11	Westview	5:10.59	5:30.84
18 Chogolla, Clarissa	12	JW North	5:18.00	5:42.07
19 Alfaro, Eyra	11	Otay Ranch	5:18.73	5:57.92

## Girls 3200 Meter Run Div-2

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Sandoval, Jennifer	12	Summit	10:41.00	10:56.30
2 Fahy, Kristin	9	La Costa Cnyn	11:28.00	11:07.54
3 Gaskell, Stefani	12	Sultana	11:03.74	11:10.26
4 He, Jasmine	10	Arcadia	11:06.09	11:10.54
5 Boisvert, Elise	10	University Cty	11:17.90	11:22.07
6 Liang, Cindy	11	Arcadia	11:10.30	11:23.02
7 Hartwell, Hannah	9	Carlsbad	11:33.97	11:23.21
8 Murphy, Sami	11	Northwood	10:50.28	11:23.32
9 Calegari, Alex	11	Poway	11:14.36	11:32.81
10 Santiago, Sienna	11	High Tech High Jacobs	11:24.77	11:33.29
11 Fromme, Micheala	11	La Costa Cnyn	11:09.71	11:44.51
12 Eligio, Heidi	11	Burroughs (Bur)	11:37.51	11:53.62
13 Ereso, Rachel	12	La Costa Cnyn	11:38.00	11:53.63
14 Burns, Jalen	11	Buena	11:23.50	11:57.79
15 Prohaska, Riley	12	La Costa Cnyn	11:30.80	11:59.20
16 Masar, Carlene	10	Steele Canyon	11:29.89	12:35.70

## Girls 800 Meter Run Div-3

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Wilson, Carolyn	11	Oaks Christian	2:16.69	2:13.57
2 Akins, Nia	12	Rancho Bernardo	2:08.64	2:14.16
3 McCarthy, Kiley	11	Carlsbad	2:08.85	2:15.19
4 Flores, Sandra	12	La Quinta (Lq)	2:18.29	2:16.61
5 Roberson, Sakura	11	La Jolla	2:11.83	2:17.47
6 Carter, Paige	11	San Marcos -sd	2:18.36	2:19.20
7 Sandoval, Jennifer	12	Summit	2:21.00	2:21.18
8 Metz, Kragen	11	Canyon Crest Academy	2:16.34	2:21.85
9 Powell, Jasmine	9	Bishop O'Dowd	2:19.00	2:22.16
10 Wilson, Jourdan	12	El Camino -sd	2:17.80	2:22.19
11 Larson, Ashley	12	Northwood	2:17.24	2:22.83
12 Yamane, Eryca	10	Arcadia	2:20.81	2:23.35
13 Mammini, Lauren	11	Cathedral Catholic	2:22.73	2:23.48
14 Hawley, Sarah	12	Mt. Carmel	2:20.28	2:23.63
15 Velasco, Daisy	12	Paramount	2:22.29	2:25.37
16 Alexander, London	10	Harvard-Westlk	2:20.17	2:27.03

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 1 ... (Girls 800 Meter Run Div-3)

Name	Yr	School	Seed	Finals
17 Chogolla, Clarissa	12	JW North	2:23.24	2:37.11
--- Moreano, Jessica	12	Arcadia	2:22.47	DNF

## Boys 100 Meter Dash Events 31-34 Div-1

Name	Yr	School	Seed	Finals
------	----	--------	------	--------

## Section 1 Wind: 2.3

1 Franklin, Torey	12	Rancho Bernardo	11.31	11.04	1
2 Womble, Jabari	12	Murrieta Valley	11.31	11.11	1
3 Barnum, Anthony	12	Rancho Bernardo	11.33	11.34	1
4 Sanford, Collin	10	Rancho Bernardo	11.34	11.37	1
5 Mills, Bradley	12	Arcadia	11.27	11.65	1
6 Parker, Jeron	11	Paramount	11.31	11.83	1

## Section 2 Wind: 2.1

1 Christian, Kenan	9	Madison	11.20	11.03	2
2 Bailey, Jailen	10	Steele Canyon	11.25	11.11	2
3 Stanley, Jonathan	12	Vista Murrieta	11.22	11.15	2
4 Woods, Jovon	12	Franklin (Stock)	11.16	11.33	2
5 Chambers, Michael	10	Northwood	11.24	11.39	2
6 Hardy, Jacobi	11	Wilson (Lb) -ss	11.18	11.40	2
7 Guyton, Anthony	11	Paramount	11.24	11.54	2
8 Cerant, Louis	12	Paramount	11.23	11.67	2

## Section 3 Wind: 2.6

1 Stokes, Jaden	10	Del Norte (Sd)	10.98	10.84	3
2 Dees, Obasi	12	DeLaSalle	11.09	10.91	3
3 Bibbs, Cooper	12	Oceanside	11.15	10.98	3
4 Audelo, Jesse	12	Cathedral	11.04	11.02	3
5 Cotten, Savion	12	Northwood	11.05	11.21	3
6 Canteen, Kameron	12	Mission Hills	11.08	11.25	3
7 John, Kim	11	Northwood	11.06	11.27	3
8 Wu, Noah	12	Arcadia	11.07	13.88	3

## Section 4 Wind: 2.7

1 Dubots, Cole	11	Vista Murrieta	10.68	10.63	4
2 Mitchell, Antonio	12	Vista Murrieta	10.52	10.83	4
3 Smith, Jabriel	10	JW North	10.85	J10.83	4
4 Griffin, Jaylen	12	Point Loma	10.84	10.85	4
5 Asemota, Tyler	11	Notre Dame (So) -ss	10.60	10.86	4
6 Reid, Trevor	12	Notre Dame (So) -ss	10.58	10.91	4
6 Vinyard, Mason	12	Helix	10.87	10.91	4

## Boys 200 Meter Dash Events 64-67 Div-1

Name	Yr	School	Seed	Finals
------	----	--------	------	--------

## Section 1 Wind: 1.9

1 Cotten, Savion	12	Northwood	22.99	22.77	1
2 Issa, Ian	10	Wilson (Lb) -ss	23.13	22.86	1
3 Harris, Nick	11	La Quinta (Lq)	22.95	22.99	1
4 Ngalima, Joshua	11	JW North	23.04	23.27	1
5 Mackey, Thomas	12	Del Norte (Sd)	23.08	23.35	1
6 Mills, Bradley	12	Arcadia	22.95	24.12	1

## Section 2 Wind: 2.8

1 Smith, Jabriel	10	JW North	22.74	22.01	2
2 Stokes, Jaden	10	Del Norte (Sd)	22.82	22.54	2

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 2 Wind: 2.8 ... (Boys 200 Meter Dash Events 64-67 Div-1)

Name	Yr	School	Seed	Finals	
3 Woods, Jovon	12	Franklin (Stock)	22.73	22.72	2
4 Clatterbuck, Chase	10	Mt. Carmel	22.70	22.78	2
5 Phillips, James	10	Heritage (Menifee)	22.80	23.02	2
6 Vergara, Marcos	12	Rosemead	22.85	24.02	2
--- Canteen, Kameron	12	Mission Hills	22.72	DQ	2

## Section 3 Wind: 1.0

1 Griffin, Jaylen	12	Point Loma	22.31	21.81	3
2 Audelo, Jesse	12	Cathedral	22.37	22.10	3
3 Ellis, Quoi	10	Mt. Carmel	22.51	22.17	3
4 Christian, Kenan	9	Madison	22.57	22.32	3
5 Adams, Ricky	12	Vista Murrieta	22.43	22.36	3
6 Rintoul, Thomas	12	Patrick Henry	22.60	22.64	3
7 Gunter, D'Angelo	11	Del Norte (Sd)	22.62	22.68	3
7 Resasco, Thomas	12	Rancho Bernardo	22.68	22.68	3
9 Hardy, Jacobi	11	Wilson (Lb) -ss	22.44	23.94	3

## Section 4 Wind: 1.1

1 Norman, Micheal	12	Vista Murrieta	20.24	20.55	4
2 Shaheed, Rashid	12	Mt. Carmel	21.94	21.76	4
3 Asemota, Tyler	11	Notre Dame (So) -ss	21.73	22.51	4
4 Reid, Trevor	12	Notre Dame (So) -ss	21.96	23.14	4
5 Mattia, Roman	12	La Jolla	22.13	24.23	4
--- Dees, Obasi	12	DeLaSalle	22.18	DQ	4

## Boys 400 Meter Dash Events 45-48 Div-1

Name	Yr	School	Seed	Finals	
<b>Section 1</b>					
1 Samaniego, Parris	10	Vista Murrieta	51.43	50.16	1
2 Duran, Sammy	11	Burroughs (Bur)	51.44	51.80	1
3 Haase, Matt	12	Cathedral Catholic	51.69	52.14	1
4 Fernandez, Adrian	12	Rancho Bernardo	51.36	52.43	1
5 Capelton, Setif	12	Paramount	51.55	52.48	1
6 Moehlenpah, Jaron	12	Poway	51.73	52.55	1
7 Williams, Robby	11	Vista Murrieta	51.93	53.12	1
8 Rodriguez, Mason	10	Harvard-Westlk	51.76	55.76	1
<b>Section 2</b>					
1 Adams, Ricky	12	Vista Murrieta	50.87	50.96	2
2 Mackey, Thomas	12	Del Norte (Sd)	50.90	51.34	2
3 Hardy, Jacobi	11	Wilson (Lb) -ss	51.06	51.99	2
4 Hicks, Luke	12	Vista Murrieta	51.34	52.26	2
5 Lyman, Ethan	11	Northwood	51.12	52.31	2
6 Godley, Tamonjay	10	Rosemead		54.21	2
7 Barnum, Alex	12	Harvard-Westlk	51.30	54.37	2
<b>Section 3</b>					
1 Willis, Lawrence	11	Mira Mesa	50.06	49.95	3
2 Johnson, Lucas	12	Mt. Carmel	50.55	50.34	3
3 Whitaker, Darron	12	Cathedral	50.77	50.61	3
4 Williams, Noah	11	DeLaSalle	50.38	50.94	3
5 Scott, Dylan	11	DeLaSalle	50.47	51.09	3
6 Comma, Jordan	10	Tri-City Chr	50.63	52.08	3
7 Smith, Curtis	12	Valhalla	50.53	52.24	3
8 Price, John	12	Otay Ranch	50.09	52.59	3

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 4 ... (Boys 400 Meter Dash Events 45-48 Div-1)

Name	Yr	School	Seed	Finals		
<b>Section 4</b>						
1	Lietz, Austin	12	Notre Dame (So) -ss	49.12	48.21	4
2	Shaheed, Rashid	12	Mt. Carmel	48.54	48.47	4
3	Lambert, Leo	12	Notre Dame (So) -ss	48.14	49.19	4
4	Hicks, Cj	12	Notre Dame (So) -ss	49.04	49.24	4
5	Gunter, D'Angelo	11	Del Norte (Sd)	49.49	49.52	4
6	Goudeau, Stefon	12	Cathedral	49.25	49.53	4
7	Rintoul, Thomas	12	Patrick Henry	49.37	49.99	4
8	Hall, Christopher	11	Wilson (Lb) -ss	49.29	50.69	4
9	Cab, Maroney	11	Wilson (Lb) -ss		51.04	4

## Boys 800 Meter Run Div-1

Name	Yr	School	Seed	Finals		
<b>Section 1</b>						
1	Mitchell, Christian	10	Sage Creek	2:06.01	2:02.16	
2	Kimbrell, Craig	12	San Dieguito Academy	2:04.71	2:02.63	
3	Helgesen, Avery	12	El Camino -sd	2:06.13	2:02.97	
4	Lata, Max	12	Rancho Bernardo	2:06.61	2:04.22	
5	Villapando, Isaiah	11	La Quinta (Lq)	2:06.03	2:05.35	
6	Klingenberg, Luke	9	Coronado	2:06.20	2:05.68	
7	Jacobs, Aaron	10	Arcadia	2:06.82	2:06.00	
8	Perfecto, Deviell	11	Wilson (Lb) -ss	2:04.90	2:06.10	
9	Roskin, Henry	12	Harvard-Westlk	2:04.50	2:06.30	
10	Lau, Liam	12	Mt. Carmel	2:06.33	2:07.04	
11	Sanchez, Carson	9	Grossmont	2:07.28	2:07.16	
12	Che, Dylan	11	Arcadia	2:06.73	2:07.33	
13	Agbede, Toshin	10	Bonita Vista	2:06.00	2:07.88	
14	Fernandez, Adrian	12	Rancho Bernardo	2:05.64	2:09.11	
15	Lockmann, John	11	Santana	2:06.00	2:10.47	
16	Goebel, Robby	12	High Tech High Jacobs	2:05.05	2:12.94	
17	Maas, William	11	Sage Creek	2:06.51	2:17.13	

## Boys 1600 Meter Run Div-1

Name	Yr	School	Seed	Finals		
<b>Section 1</b>						
1	Crawford, Moses	11	El Camino -sd	4:35.10	4:31.72	
2	Elias, Kibrom	12	Santana	4:36.90	4:33.26	
3	Segura, Anthony	10	Arcadia	4:32.60	4:33.34	
4	Pina, Luis	11	Steele Canyon	4:29.38	4:33.46	
5	Marin, Robert	12	Helix	4:36.79	4:33.67	
6	Sharma, Ravi	12	Arcadia	4:32.94	4:34.10	
7	Rubin, Danny	9	Sage Creek	4:30.34	4:34.93	
8	Reser, Austin	12	Valley Center	4:34.87	4:36.31	
9	Correa, Andres	12	Eastlake	4:29.81	4:36.60	
10	Rodriguez, Salvador	12	Mater Dei -sd	4:29.98	4:37.27	
11	Ramos, Kevin	9	Rubidoux	4:32.00	4:38.04	
12	Menke, Max	11	High Tech High Jacobs	4:35.05	4:38.46	
13	Comerford, Sam	12	Fallbrook	4:36.45	4:38.83	
14	Thomas, Harold	11	Otay Ranch	4:30.89	4:39.97	
15	Maas, William	11	Sage Creek	4:37.37	4:41.85	
16	Ruegg, Kristian	12	Notre Dame (So) -ss	4:30.64	4:44.71	

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 1 ... (Boys 1600 Meter Run Div-1)

Name	Yr	School	Seed	Finals
17 Harrington, Jacob	11	Buena	4:31.50	4:45.09
18 Dent, Ryan	12	St Augustine	4:37.28	4:47.43
19 Lara-Trejo, Alex	11	Mission Hills	4:34.40	4:47.98
20 Roskin, Henry	12	Harvard-Westlk	4:32.51	4:51.48
21 Isais, Alain	11	Paramount	4:31.54	4:51.50

## Boys 3200 Meter Run Div-1

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Labra, Isaiah	10	Bonita Vista		9:35.93
2 Johnson, Noah	12	El Camino -sd	9:55.00	9:39.43
3 Rasmuson, Stefen	10	Mira Mesa	9:59.00	9:40.82
4 Monzon, Adrian	12	Valley Center	9:53.15	9:43.14
5 Nelson, Brad	10	Sage Creek	9:51.25	9:47.29
6 Evans, Bryce	11	Scripps Ranch	9:56.06	9:48.59
6 Arroyo, Antonio	11	Arcadia	9:50.27	9:48.59
8 Gravelle, William	12	Rancho Bernardo	9:49.12	9:53.21
9 Parise, Cale	12	Otay Ranch	9:58.79	9:54.15
10 Montague, Michael	12	Canyon Crest Academy	10:01.22	9:54.96
11 Gonzalez, Jesse	12	Rosemead	9:57.22	9:57.65
12 Larson, Chris	11	Fallbrook	9:54.92	10:01.08
13 Southwood, Tyler	12	West Hills	9:58.95	10:04.39
14 Lee, Christopher	12	Arcadia	9:54.50	10:05.13
15 Suzuki, Chris	10	Sage Creek	9:57.53	10:07.41
16 Landa, Igor	11	Del Norte (Sd)	10:01.58	10:07.60
17 Zamora, Jacob	11	Buena	9:58.38	10:07.97
18 Crampton, David	10	Northwood	9:51.00	10:08.35
19 Williams, Everett	11	Carlsbad	10:04.25	10:10.13
20 Roskin, Henry	12	Harvard-Westlk	9:55.24	10:10.83
21 Neal, Tyler	11	Poway		10:12.81
22 Alexander, Chris		Serra -sd		10:14.77
23 Duran, Luis	11	Buena	9:59.24	10:31.30
24 Trenson, S	10	Valhalla		10:39.31

## Boys 110 Meter Hurdles Events 23-26 Div-1

Name	Yr	School	Seed	Finals	
<b>Section 1 Wind: 0.9</b>					
1 Lewis, Zack	12	West Hills	16.44	15.79	1
1 Torres, Brandon	12	Valley Center	16.26	15.79	1
3 Baker, Christian	11	Rancho Bernardo		15.89	1
4 Palmer, Neron	12	Burroughs (Bur)	16.25	15.96	1
5 Branch, Cedric	12	Madison	16.23	16.00	1
6 Glover, Martino	12	Franklin (Stock)	16.20	16.05	1
7 Yityew, Nati	12	Westview	16.54	16.19	1
8 Womble, Jabari	12	Murrieta Valley	16.41	16.31	1
9 Lowe, Jakari	12	Sweetwater	16.34	27.94	1
<b>Section 2 Wind: 1.5</b>					
1 Jewell, Matt	11	Scripps Ranch	16.20	15.60	2
2 Oetting, Justin	12	Carlsbad	15.97	15.91	2
3 Wang, Matthew	10	Harvard-Westlk	15.99	15.96	2
4 Clark, Drew	11	El Camino -sd	15.86	15.99	2

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 2 Wind: 1.5 ... (Boys 110 Meter Hurdles Events 23-26 Div-1)

Name	Yr	School	Seed	Finals	
5 Franco, Jose	10	Rosemead	16.07	16.32	2
6 Li, Derek	10	Arcadia	15.91	16.52	2
7 Lieu, Alex	10	Valhalla	16.10	16.89	2
8 Podraza, Zach	12	Scripps Ranch	15.92	18.53	2
9 Jones, Teddy	12	La Quinta (Lq)	16.03	26.38	2

## Section 3 Wind: 0.9

1 Adams, Wyatt	12	Granite Hills -sd	15.72	15.46	3
2 Cervantes, Brian	12	Indio	15.58	15.53	3
2 Ludwig, Randy	10	Arcadia	15.71	15.53	3
4 Kelly, Joshua	11	Arcadia	15.69	15.64	3
5 Slawson, Cody	11	Poway	15.77	15.71	3
6 Yun, Allen	12	Del Norte (Sd)	15.76	15.77	3
7 Mickelsen, Aaron	12	Morse		15.88	3
8 Smalls, Isaiah	12	Wilson (Lb) -ss	15.85	16.61	3

## Section 4 Wind: 0.6

1 Harvey, Jonathan	12	DeLaSalle	14.68	14.70	4
2 Vinyard, Mason	12	Helix	14.91	15.02	4
3 Walcott, D'Anthony	12	Morse	14.80	15.10	4
4 Capotosto, Christopher	12	Simi Valley	15.51	15.21	4
5 Gould, Kion	12	Mt. Carmel	15.34	15.41	4
6 Laliberte, Tyler	12	Poway	15.53	15.50	4

## Boys 300 Meter Hurdles Events 55-58 Div-1

Name	Yr	School	Seed	Finals	
<b>Section 1</b>					
1 Bennent, Emari	10	Wilson (Lb) -ss	42.40	40.83	1
2 Boek, Noah	12	Patrick Henry	42.15	41.49	1
3 Clark, Drew	11	El Camino -sd	42.17	41.61	1
4 Yityew, Nati	12	Westview	42.16	41.84	1
5 Yun, Allen	12	Del Norte (Sd)	42.16	42.03	1
6 Palomera, Elyjah	11	Granite Hills -sd	42.34	43.07	1
7 Cordoba, Juan	12	Buena	42.36	43.24	1
8 Oetting, Justin	12	Carlsbad	42.41	43.73	1
9 Thompson, Paul	12	Olympian	42.33	44.06	1
<b>Section 2</b>					
1 Shine, Lewis	11	Westview	42.14	40.61	2
2 Ukrainetz, Cole	12	Escondido	41.68	40.97	2
3 Shinn, Jordan	12	Buena	42.12	41.05	2
4 Jones, Teddy	12	La Quinta (Lq)	41.47	41.58	2
5 Dehaven, Brady	10	Granite Hills -sd	42.05	41.70	2
6 Hofrichter, Luke	10	Cathedral Catholic	41.90	41.91	2
7 Cervantes, Brian	12	Indio	41.79	42.02	2
8 Mestre, Jacob	12	Otay Ranch	42.05	42.53	2
9 Clay, Jeremy	10	Valley Center	41.51	44.18	2
<b>Section 3</b>					
1 Adams, Wyatt	12	Granite Hills -sd	40.86	40.60	3
2 Knutson, Sekaye	11	Mission Hills	40.41	40.95	3
3 Slawson, Cody	11	Poway	41.11	41.38	3
4 Smalls, Isaiah	12	Wilson (Lb) -ss	41.14	43.12	3
<b>Section 4</b>					
1 Lietz, Austin	12	Notre Dame (So) -ss	38.23	39.13	4

## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 4 ... (Boys 300 Meter Hurdles Events 55-58 Div-1)

Name	Yr	School	Seed	Finals	
2 Christesen, Aidan	11	Los Osos	38.89	39.37	4
3 Rodriguez Jr., Ricardo	12	Notre Dame (So) -ss	39.63	39.57	4
4 Bibbs, Cooper	12	Oceanside	40.15	40.29	4
5 Carter, Ethan	12	Torrey Pines	39.94	40.96	4
6 Walcott, D'Anthony	12	Morse	39.47	41.36	4

## Boys 4x100 Meter Relay Events 10-14 Div-1

Team	Relay	Seed	Finals	
<b>Section 1</b>				
1 Westview		46.01	44.91	1
2 Eastlake		45.63	45.22	1
3 Poway		45.82	45.37	1
4 La Costa Cnyn		45.72	45.38	1
5 Indio		45.20	45.80	1
6 Sweetwater		45.95	45.89	1
<b>Section 2</b>				
1 Serra -sd		45.10	44.02	2
2 Otay Ranch		44.79	44.33	2
3 La Quinta (Lq)		44.76	44.78	2
4 Mira Mesa		45.00	44.90	2
5 El Camino -sd		44.84	45.83	2
--- San Pasqual		44.80	DNF	2
<b>Section 3</b>				
1 Steele Canyon		44.64	44.09	3
2 Oceanside		44.34	44.36	3
3 Mission Hills		44.38	44.38	3
4 Granite Hills -sd		44.65	45.10	3
5 Los Osos		44.25	45.65	3
6 Valhalla		44.47	45.99	3
--- Franklin (Stock)		44.61	DNF	3
<b>Section 4</b>				
1 Helix		43.90	43.10	4
2 Northwood		43.85	43.98	4
3 Morse		43.64	44.09	4
4 Cathedral Catholic		43.88	44.27	4
5 Olympian		43.97	44.62	4
6 Paramount		43.78	44.92	4
7 JW North		43.74	45.93	4
8 Harvard-Westlk		44.08	47.61	4
<b>Section 5</b>				
1 Notre Dame (So) -ss		41.51	41.77	5
2 Mt. Carmel		42.95	42.47	5
3 Wilson (Lb) -ss		42.58	43.25	5
3 Del Norte (Sd)		43.24	43.25	5
5 Simi Valley		43.13	43.68	5
--- Vista Murrieta		40.53	DNF	5
--- Rancho Bernardo		43.18	DQ	5

**2016 Mt. Carmel Invitational Track Meet****Results - Races****Boys 4x400 Meter Relay Events 73-76 Div-1**

Team	Relay	Seed	Finals	
<b>Section 1</b>				
1	Eastlake	3:35.50	3:29.59	1
2	Cathedral Catholic	3:34.50	3:30.81	1
3	Escondido	3:34.63	3:32.33	1
4	Westview	3:35.00	3:32.57	1
5	Patrick Henry	3:33.24	3:33.90	1
6	Morse		3:34.76	1
7	Iona Prep School	3:34.50	3:39.16	1
8	Ramona -sd	3:35.30	3:40.70	1
<b>Section 2</b>				
1	Mira Mesa	3:31.62	3:27.04	2
2	Mission Hills	3:31.23	3:31.09	2
3	Rancho Bernardo	3:32.08	3:31.63	2
4	Arcadia	3:30.60	3:32.49	2
5	Otay Ranch	3:30.40	3:37.06	2
6	Mission Bay	3:31.50	3:37.25	2
7	Helix	3:33.00	3:38.17	2
<b>Section 3</b>				
1	Granite Hills -sd	3:28.74	3:25.69	3
2	Poway	3:28.93	3:27.73	3
3	Del Norte (Sd)	3:26.24	3:28.90	3
4	La Quinta (Lq)	3:26.74	3:29.27	3
5	Burroughs (Bur)	3:30.24	3:30.51	3
6	JW North	3:27.00	3:33.73	3
7	Valhalla	3:29.20	3:47.02	3
<b>Section 4</b>				
1	Vista Murrieta	3:13.95	3:15.75	4
2	DeLaSalle	3:20.15	3:22.36	4
3	Mt. Carmel	3:25.00	3:23.46	4
4	Wilson (Lb) -ss	3:13.46	3:23.63	4
5	Olympian	3:23.53	3:28.42	4
6	Franklin (Stock)	3:25.24	3:41.83	4
7	Lakewood	3:25.24	3:42.87	4
---	Notre Dame (So) -ss	3:17.57	DNF	4

**Boys 4x800 Meter Relay Div-1**

Team	Relay	Seed	Finals	
<b>Section 1</b>				
1	Poway	8:43.48	8:02.53	
2	Wilson (Lb) -ss	7:52.13	8:08.65	
3	Vista	8:12.00	8:12.17	
4	Mira Mesa	8:31.94	8:20.83	
5	Ramona -sd	8:20.00	8:21.82	
6	Escondido	8:14.00	8:23.34	
7	Westview	8:32.00	8:27.77	
8	Iona Prep School	8:22.50	8:29.83	
9	Rancho Bernardo	8:25.00	8:34.14	
10	Olympian	8:35.00	8:34.25	
11	West Hills	8:28.41	8:34.39	
12	Lakewood	8:56.49	8:35.92	



## 2016 Mt. Carmel Invitational Track Meet

## Results - Races

## Section 1 ... (Boys 4x800 Meter Relay Div-1)

Team	Relay	Seed	Finals
13 High Tech High Jacobs		8:20.00	8:35.96
14 Carlsbad		8:55.91	8:36.24
15 Harvard-Westlk		8:32.07	8:37.94
16 Granite Hills -sd		8:39.00	8:38.45
17 La Jolla		8:35.00	8:45.20
18 Arcadia		8:24.30	8:54.31
19 Mission Bay		8:38.00	9:00.30
20 Otay Ranch		8:28.34	9:02.02
21 Mt. Carmel			9:07.45
22 Torrey Pines		8:30.34	9:10.80
23 JW North		8:15.00	9:28.75

## Boys Distance Medley M DMR Div-1

Team	Relay	Seed	Finals
<b>Section 1</b>			
1 Poway		11:14.01	10:32.15
2 Torrey Pines		10:40.20	10:36.93
3 Sage Creek		10:50.00	10:40.28
4 Scripps Ranch		10:43.00	10:41.44
5 Rubidoux		10:45.24	10:47.04
6 Vista		10:58.00	10:50.75
7 Rancho Bernardo		11:00.00	10:52.67
8 San Pasqual		10:35.00	10:56.40
9 Carlsbad		11:10.95	10:57.03
10 Wilson (Lb) -ss		10:44.74	10:57.26
11 El Camino -sd		10:43.00	10:58.82
12 Bonita Vista		11:12.50	11:02.89
13 High Tech High Jacobs		11:09.29	11:07.11
14 Mt. Carmel			11:07.64
15 Otay Ranch		10:58.50	11:07.69
16 Arcadia		10:53.30	11:09.81
17 Harvard-Westlk		10:45.20	11:12.67
18 Mira Mesa		11:01.35	11:14.16
19 Steele Canyon		11:06.67	11:14.28
20 Olympian		11:14.00	11:24.41
21 Iona Prep School		11:10.50	11:31.64
22 University Cty		10:52.00	11:35.43

## Boys 800 Meter Run Div-2

Name	Yr School	Seed	Finals
<b>Section 1</b>			
1 Page, Jeffrey	10 Eastlake	2:02.93	1:57.41
2 Calderon, Jacob	10 Burroughs (Bur)	2:02.02	2:01.50
3 Correa, Andres	12 Eastlake	2:04.04	2:01.51
4 Dalupan, Jerrod	9 Mt. Carmel	2:03.86	2:02.95
5 Kobrine, Nathan	12 Northwood	2:02.00	2:03.37
6 Nelson, Nic	12 Wilson (Lb) -ss	2:02.00	2:03.84
7 Coleman III, Willie	9 Steele Canyon	2:01.94	2:03.88
8 Edmunds, Blake	10 Mission Bay	2:02.51	2:04.36
9 Lara-Trejo, Alex	11 Mission Hills	2:02.90	2:04.59
10 Benitez, Anthony	10 Serra -sd	2:03.31	2:04.95

**2016 Mt. Carmel Invitational Track Meet****Results - Races****Section 1 ... (Boys 800 Meter Run Div-2)**

Name	Yr	School	Seed	Finals
11 Rader, Nelson	11	La Costa Cnyn	2:04.05	2:05.73
12 McNulty, Colin	12	Ramona -sd	2:04.10	2:06.32
13 Comma, Jordan	10	Tri-City Chr	2:04.00	2:07.12
14 Stonehouse, William	11	St Augustine	2:03.59	2:08.59
15 Garcia, Michael	12	Central Union	2:03.55	2:09.67
16 Rodriguez, Salvador	12	Mater Dei -sd	2:03.17	2:10.00

**Boys 1600 Meter Run Div-2**

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Ambriz, Juan	12	JW North	4:23.00	4:21.93
2 Tufecki, Barak	12	Rancho Bernardo	4:21.17	4:22.75
3 Layton, Tanner	12	Carlsbad	4:25.17	4:23.76
4 Downs, Nick	12	Bishop O'Dowd	4:19.11	4:24.05
5 Paul, Simon	11	Mt. Carmel	4:22.86	4:24.89
6 Barr, Alex	11	Scripps Ranch	4:20.92	4:25.56
7 Villagran, Justin	12	Burroughs (Bur)	4:26.73	4:25.64
8 Lyles, Jarod	11	La Costa Cnyn	4:27.64	4:25.99
9 Lagerstrom, Brennan	12	Notre Dame (So) -ss	4:25.15	4:26.38
10 De Leon, Isaias	11	DeLaSalle	4:21.55	4:26.65
11 Johnson, Bryan	12	La Costa Cnyn	4:21.55	4:27.06
12 Benitez, Anthony	10	Serra -sd	4:27.56	4:27.51
13 Kuroiwa, Fuyuki	11	Rancho Bernardo	4:28.46	4:27.59
14 Plencio, Gabriel	12	Ramona -sd	4:27.46	4:29.09
14 Gonzalez, Erik	11	Rubidoux	4:26.00	4:29.09
16 Arriola, Diego	11	Olympian	4:27.23	4:31.86
17 Jackson, Darvale	12	JW North	4:26.00	4:32.90
18 Miralles, Tomas	12	Country Day (La Jolla)	4:26.64	4:33.57
19 Cardenas, Ricardo	12	JW North	4:25.00	4:34.23
20 Otten, Logan	12	Buena	4:21.71	4:38.09
21 Selstad, Jake	11	San Marcos -sd	4:27.28	4:43.34
22 Hernandez, Alex	12	Valhalla	4:21.06	5:02.11

**Boys 3200 Meter Run Div-2**

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Martinez De Pinillos, Joaquin	10	Cathedral Catholic	9:24.58	9:22.29
2 Boone, Sam	10	Mt. Carmel	9:28.17	9:23.04
3 Ambriz, Juan	12	JW North	9:41.00	9:28.30
4 Prince, Beau	11	Sage Creek	9:31.13	9:28.68
5 Siegler, Allen	12	University Cty	9:14.48	9:35.71
6 Wells, Timothy	11	Burroughs (Bur)	9:46.40	9:37.12
7 Tadeusiak, Hank	11	Cathedral Catholic	9:36.82	9:38.19
8 Pina, Luis	11	Steele Canyon	9:42.26	9:40.18
9 Dorado, Philip	12	Mira Mesa	9:44.25	9:44.31
10 Bohley, Aldan	12	San Pasqual	9:37.89	9:44.90
11 Marin, Robert	12	Helix	9:48.00	9:45.71
12 Egan, Alex	11	San Pasqual	9:37.49	9:53.13
13 Hussien, Awal	12	Hoover -sd	9:32.00	9:54.66
14 Baza, Rigo	12	Otay Ranch	9:48.88	9:54.79
15 Williams, Zach	10	Sultana	9:38.22	9:54.90

**2016 Mt. Carmel Invitational Track Meet****Results - Races****Section 1 ... (Boys 3200 Meter Run Div-2)**

Name	Yr	School	Seed	Finals
16 Diaz, Isaac	12	La Costa Cnyn	9:45.00	10:00.04
17 Ramirez, Manuel	11	Sultana	9:29.17	10:06.75

**Boys 800 Meter Run Div-3**

Name	Yr	School	Seed	Finals
<b>Section 1</b>				
1 Chaidez, Anthony	12	Notre Dame (So) -ss	1:53.50	1:56.09
2 Cruz, Casey	12	La Quinta (Lq)	1:59.34	1:56.70
3 Lagerstrom, Brennan	12	Notre Dame (So) -ss	1:56.11	J1:56.70
4 Minnie, Josh	12	El Camino -sd	1:57.44	1:57.15
5 Chapman, Niko	12	University Cty	1:56.80	1:57.57
6 Higgins, Patrick	12	Buena	1:58.30	1:57.71
7 Aviles-sullivan, Carlos	12	Sweetwater	1:59.52	1:57.96
8 Petkevich, Dylan	11	Canyon Crest Academy	2:00.48	1:59.07
9 Cardenas, Ricardo	12	JW North	1:58.00	1:59.27
10 Jackson, Darvale	12	JW North	2:00.00	1:59.33
11 Macias, John	10	Notre Dame (So) -ss	2:00.82	1:59.67
12 Martinez, Freddy	12	Perris	1:57.77	1:59.71
13 Ortega, Josh	12	High Tech High Jacobs	2:01.28	2:00.44
14 Ruff, Tyler	12	El Capitan -sd	2:01.00	2:01.22
15 Lomeli, Adrian	10	Paramount	2:00.27	2:03.18
16 Lubrin, Christian	12	Wilson (Lb) -ss	1:59.90	2:06.09
17 Ruegg, Kristian	12	Notre Dame (So) -ss	1:59.73	2:07.09
18 Isais, Alain	11	Paramount	1:59.76	2:10.82
19 Vargas, Alexis	11	Paramount	2:01.63	2:12.65