

Mt. Carmel Field and Distance**Mt. Carmel High School****Results - Field Events****Girls High Jump Varsity**

Name	Year	School	Seed	Finals	Points
Flight 1					
1 Hill, Asha	12	Serra	4-04.00	4-10.00	
2 Jones, Karina	11	Scripps Ranch		4-08.00	
3 McPherson, Kimmey	9	Mt Carmel	4-04.00	4-08.00	
3 Sargent, Sarena	11	Great Oak		4-08.00	
5 Vandenburg, Sara	11	Mt Carmel	4-04.00	4-06.00	
6 Teer, Julie	10	La Jolla	4-00.00	4-04.00	
7 De La Cruz, Dalia	11	Mt Carmel	4-00.00	4-04.00	
8 Cobreros Ramirez, Carmen	11	Santana	4-02.00	4-04.00	
9 Hindle, Julia	9	Mt Carmel	4-00.00	4-04.00	
10 Mestman, Naomi	9	Great Oak	4-02.00	4-02.00	
11 Hemming, Hannah	11	La Jolla	4-00.00	4-02.00	
12 DeMore, Tiernan	11	Point Loma	4-02.00	4-02.00	
-- Rodriguez-Avalos, Elizab	10	Santana	3-10.00	NH	
Flight 2					
1 Virgilio, Anna	10	Westview	4-06.00	4-10.00	
2 Jackson, Courtney	11	Torrey Pines	4-06.00	4-08.00	
3 Comer, Emille	9	Westview	4-06.00	4-08.00	
4 Buerger, Kerra	11	West Hills	4-08.00	4-06.00	
4 Jansma, Ariana	9	Calvin Christian	4-04.00	4-06.00	
4 Fortin, Samantha	12	West Hills	4-08.00	4-06.00	
7 Ghosh, Jacqueline	9	Francis Parker	4-06.00	4-06.00	
7 Smith, Carley	10	Westview	4-06.00	4-06.00	
7 Sanders, Claire	10	Calvin Christian	4-06.00	4-06.00	
10 Dizechi, Iyla	11	Torrey Pines	4-04.00	4-06.00	
10 Roth, Hayley	11	Point Loma	4-04.00	4-00.00	
11 Balt, Jacqui	12	Calvin Christian	4-08.00	4-04.00	
12 Campbell, Selah	9	Calvin Christian	4-04.00	4-04.00	
13 Sadler, Sierra	10	Great Oak	4-04.00	4-02.00	
Flight 3					
1 Smith, Asia	11	Mission Hills	5-03.00	5-06.00	
2 Hickey, Alysah	9	Coronado	5-03.00	5-06.00	
3 Snow, Alana	11	Carlsbad	5-04.00	5-02.00	
4 Sutton, Maegen	12	Coronado	5-02.50	5-02.00	
5 Liebentritt, Jules	11	Carlsbad	5-03.00	5-00.00	
6 Kruis, Brianna	11	Santana	5-00.00	5-00.00	
7 Cany, Jade	10	Torrey Pines	5-00.00	4-10.00	
8 den Boer, Julia	12	Calvin Christian		4-10.00	
9 Grant, Ruthie	9	Coronado	4-10.00	4-10.00	
10 Ramirez, Rileah	11	Coronado	4-10.00	4-10.00	
11 Wolover, Emily	12	Bonita Vista	4-07.00	4-10.00	
12 Fowlie, Taryn	11	Great Oak	4-10.00	4-08.00	
13 Pierce, Jen	11	Rancho Bernardo	4-10.00	4-08.00	
14 Amendola-Rebick, Giana	11	Rancho Bernardo	5-00.00	4-06.00	
15 Huang, Xinyu	11	Rancho Bernardo	4-10.00	4-06.00	
15 Nash, Olivia	12	Calvin Christian	4-10.00	4-06.00	
17 Palacki, Tori	10	Rancho Bernardo	5-01.00	4-04.00	
18 Saffa, Madison	10	El Capitan	4-08.00	4-02.00	

Mt. Carmel Field and Distance
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Girls Pole Vault Varsity

Name	Year	School	Seed	Finals	Points
Flight 1					
1 Banks, Ricki	10	Great Oak	7-00.00	8-00.00	
2 Brant, Jade	10	Mt Carmel	7-00.00	6-06.00	
3 Day, Cami	10	Mt Carmel	7-00.00	6-06.00	
3 Carlson, Emily	12	La Jolla	7-09.00	6-06.00	
3 Sanders, Claire	10	Calvin Christian	7-00.00	6-06.00	
3 Elders, Hannah	9	Calvin Christian	6-00.00	6-06.00	
7 Balt, Mikayla	9	Calvin Christian		6-00.00	
8 Jansma, Ariana	9	Calvin Christian	6-00.00	6-00.00	
9 Verhage, Melinda (Lindy)	10	Mt Carmel	6-06.00	5-06.00	
10 Steenstra, Nanette	9	Calvin Christian	6-00.00	5-06.00	
10 Diamant, Julia	10	Canyon Crest	6-00.00	5-06.00	
Flight 2					
1 Bartelt, Devin	11	Westview	8-00.00	8-06.00	
2 Garcia, Bethany	10	Great Oak	8-00.00	8-06.00	
3 Bottin, Hannah	12	Westview	8-00.00	8-00.00	
4 Martens, Melissa	11	Great Oak	8-00.00	8-00.00	
5 Bouzida, Anya	11	Torrey Pines	8-06.00	8-00.00	
5 Mereminsky, Ilana	11	Torrey Pines	8-00.00	8-00.00	
7 Pedler, Christina	10	Cathedral Catholic	8-05.00	7-06.00	
8 Parker, Avery	11	Torrey Pines	7-06.00	7-06.00	
-- Philippoussis, Olina	11	Cathedral Catholic	7-06.00		NH
Flight 3					
1 Wagenveld, Sara	12	Calvin Christian	12-03.00	12-02.00	
2 Becker, Bianca	12	Canyon Crest	11-06.00	11-00.00	
3 Brown, McKenna	10	La Costa Canyon	11-00.00	10-00.00	
3 Tuey, Amy	12	Del Norte	10-07.00	10-00.00	
5 Vesala, Lotta	11	Rancho Bernardo	9-06.00	9-06.00	
5 Fox, Jordyn	12	El Capitan	10-07.00	9-06.00	
7 Hilke, Victoria	11	Santana	9-00.00	9-06.00	
8 Ransom, Courtney	12	Rancho Bernardo	10-00.00	9-00.00	
9 Groenke, Catherine	11	Cathedral Catholic	9-06.00	9-00.00	
10 Valdez, Megan	10	Great Oak	8-06.00	9-00.00	
11 Copps, Sydney	11	Rancho Bernardo	9-00.00	8-06.00	
12 Portis, Jenna	10	Great Oak	8-06.00	8-06.00	
13 Bumbaugh, Jennifer	12	Cathedral Catholic	9-00.00	8-00.00	
14 Chakraverti-Wuerthwe, Mi	12	Torrey Pines	9-06.00	8-00.00	
-- Abicca, Annie	12	San Dieguito	9-00.00		NH

Girls Long Jump Varsity

Name	Year	School	Seed	Finals	Wind	Points
Flight 1						
1 Hammermeister, Jayda	11	Torrey Pines	14-00.00	15-00.50	-2.4	
2 Ngo, Lisa	12	Mira Mesa	12-10.00	13-11.50	+0.0	
3 Aulds, Dominique	10	Serra	13-01.00	13-11.00	+0.0	
4 Schwall, Rachel	10	Serra	13-04.00	13-09.50	1.9	
5 Cowan, Lauryn	11	Mission Bay	14-00.00	13-09.00	+0.0	
6 Derr, Taryn	10	Westview	14-00.00	13-08.75	+0.0	
7 Balt, Mikayla	9	Calvin Christian	13-00.00	13-08.00	-0.3	
8 Rodvold, Destiny	9	Santana	14-00.00	13-07.75	-0.8	
9 Saffa, Madison	10	El Capitan	14-00.00	13-04.50	1.7	

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10 Campbell, Selah	9 Calvin Christian	13-00.00	12-07.75	-1.7
11 Stone, Aaliyah	9 Santana	13-06.00	12-06.50	+0.0
12 Wong, Indya	11 Mira Mesa	12-03.00	12-05.00	-0.2
13 Hernandez, Alyssa	9 Mission Bay	13-05.00	12-03.00	2.1
14 Teer, Julie	10 La Jolla	13-04.00	12-00.00	-1.3
15 Cobreros Ramirez, Carmen	11 Santana	12-00.00	11-08.50	+0.0
16 Southworth, Luisa	9 Francis Parker	13-00.00	11-06.50	-1.1

Flight 2

1 Nguyen, Theresa	12 Mira Mesa	14-05.00	15-01.00	-0.3
2 Ritter, Isabelle	9 Westview	14-00.00	14-10.50	+0.0
3 Sanford, Jamie	10 Westview	15-00.00	14-09.00	0.2
4 Kalt, Gloria	9 Torrey Pines	14-00.00	14-05.75	+0.0
5 Dozier, Avery	9 Coronado		14-03.00	+0.0
6 Golba, Nicole	11 Cathedral Catholic	15-01.00	14-01.00	0.3
7 Balt, Jacqui	12 Calvin Christian	15-00.00	13-11.75	0.7
8 Van Mouwerik, Jenna	12 Rock Academy	14-10.00	13-10.00	0.5
9 Huynh, Kelly	12 Del Norte	14-08.00	13-09.50	0.9
10 Healy, Cailan	12 Cathedral Catholic	14-06.00	13-06.00	-1.3
11 Davis, Lili	11 La Jolla	14-03.00	12-09.00	-0.5
12 Johnson, Camryn	11 La Jolla	14-00.00	12-08.00	+0.0
13 Mortyn, Claudia	12 La Jolla Cou	14-05.00	12-07.25	-1.9
14 Bender, Kira	12 Del Norte	15-00.00	12-03.50	0.9
15 Ferreira, Diana	11 Del Norte	14-06.00	12-02.00	+0.0
16 Mendoza, Monika	12 Oceanside	14-02.00	12-00.00	-1.3
17 Madison, Sherry	11 Julian High	15-00.00	11-02.00	-0.1
-- Rautio, Saara	12 El Capitan	15-00.00	ND	NWI

Flight 3

1 Iwanowicz, Kaitlyn	12 Torrey Pines	16-05.00	16-11.00	2.0
2 Stallman, Holly	12 Ramona	16-00.00	16-09.00	0.8
3 Wolover, Emily	12 Bonita Vista	16-00.00	16-07.25	+0.0
4 Nash, Olivia	12 Calvin Christian	16-00.00	16-05.75	+0.0
4 Shuler, Kylene	12 Julian High	18-02.00	16-05.25	+0.0
5 Thomas, Aleta	12 Oceanside	16-09.00	16-04.75	+0.0
6 Butler, Katelyn	11 Cathedral Catholic	17-04.50	16-04.50	1.8
7 Campbell, Aliyah	11 Mt Carmel	17-00.00	16-02.00	3.3
8 Carter, Olivia	11 Pacific Ridge	16-03.00	15-09.75	NWI
9 Caro, Janessa	11 Oceanside	15-03.00	15-07.25	NWI
10 Maerowitz, Hannah	11 Pacific Ridge	15-01.00	15-04.00	1.2
11 Hall, Alyssa	12 Mt Carmel	17-00.00	15-04.00	2.1
12 den Boer, Julia	12 Calvin Christian		15-04.00	NWI
13 Hemming, Hannah	11 La Jolla	15-06.00	15-01.50	NWI
14 Lecakes-Jones, Alina	10 Rancho Bernardo	15-03.00	14-10.75	NWI
15 Buerger, Kerra	11 West Hills	16-01.00	14-09.50	+0.0
16 Hayes, Jaidah	9 Oceanside	16-01.00	14-01.50	NWI

Girls Triple Jump Varsity

Name	Year School	Seed	Finals	Wind	Points
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Flight 1

1 Sanford, Jamie	10 Westview	27-00.00	31-05.75	2.1
2 Chakraverti-Wuerthwe, Mi	12 Torrey Pines	29-09.50	30-11.00	1.6
3 Maerowitz, Hannah	11 Pacific Ridge	30-00.00	30-07.50	1.0
4 McKee, Michelle	12 Torrey Pines	29-03.00	29-02.00	1.7
5 Devore, Julia	12 Westview	27-00.00	29-02.00	2.0

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6 Jansma, Ariana	9 Calvin Christian	28-00.00	28-07.50	1.6
7 Hernandez, Alyssa	9 Mission Bay	25-01.00	28-04.75	1.3
8 Wong, Indya	11 Mira Mesa	29-11.00	28-01.50	1.0
9 Lyons, Roisin	12 Coronado	30-00.00	28-01.00	1.0
10 Pearson, Skye	9 Coronado	30-00.00	28-00.00	1.0
11 Nguyen, Thu Stephanie	11 Mira Mesa	27-06.00	27-10.75	1.1
-- Briski, Alex	11 Mission Bay	26-05.00	FOUL	

Flight 2

1 Nash, Olivia	12 Calvin Christian	37-11.00	36-09.50	1.4
2 Beckham, Mercedes	11 Oceanside	34-00.00	35-06.00	0.9
3 Cany, Jade	10 Torrey Pines	33-00.50	35-02.00	+0.0
4 Golba, Nicole	11 Cathedral Catholic	36-02.50	34-05.75	1.7
5 Thomas, Aleta	12 Oceanside	34-06.00	34-00.25	1.2
6 Hilke, Victoria	11 Santana	32-06.00	33-00.75	1.7
7 McGinnis, Madison	11 Del Norte	33-03.00	32-09.50	0.2
8 Buerger, Kerra	11 West Hills	32-03.00	31-08.50	1.9
9 Nguyen, Theresa	12 Mira Mesa	31-06.00	31-07.50	3.0
10 Marsh, Kelly	10 Rancho Bernardo	31-08.00	31-03.50	1.4
11 Pierce, Jen	11 Rancho Bernardo	30-06.00	30-11.50	1.0
12 Vandenburgh, Sara	11 Mt Carmel	34-00.00	30-05.00	1.7
13 Schwabach, Jessica	11 Torrey Pines	30-04.00	29-07.50	1.8
14 Huynh, Kelly	12 Del Norte	32-11.50	29-07.50	1.4
15 Mendoza, Monika	12 Oceanside	30-04.00	28-05.00	1.7
16 Balt, Jacqui	12 Calvin Christian	33-00.00	28-02.25	1.2

Girls Shot Put Varsity

Name	Year	School	Seed	Finals	Points
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Flight 1

1 Calvo, Kailah	9 Mt Carmel	25-00.00	28-10.00
2 Stevens, Moriah	10 Mt Carmel	25-00.00	27-01.00
3 Tangas, Michelle	12 Great Oak	25-06.00	26-10.00
4 Sandoval, Jenefer	12 Oceanside	25-03.00	24-10.00
5 Rowson, Marie	12 La Jolla	21-02.00	24-00.00
6 Zada, Gilare	10 Westview	22-05.00	23-11.00
7 Hayden, Maia	12 La Jolla	25-02.00	23-07.50
8 Alvarado, Natalie	11 Santana	23-07.00	23-03.50
9 Fuller, Emily	12 Westview	24-00.00	23-03.00
10 Enriquez, Donovan	12 Cathedral Catholic	24-07.00	23-02.00
11 Nance, Nicole	10 Rancho Bernardo	24-10.00	23-01.00
12 Allen, Brittney	11 El Capitan	24-04.50	22-11.00
13 Furtak, Erin	12 Westview	23-09.00	22-10.50

Flight 2

1 Lagoy, Lily	9 Rancho Bernardo	28-06.00	34-05.00
2 Jeffers, Taylor	11 Great Oak	30-04.25	31-05.00
3 Maher, Charlotte	9 Canyon Crest	30-00.00	30-00.00
4 Ecija, Micaela	12 Carlsbad	30-06.00	29-05.00
5 Ndifor, Ngefor	10 Mt Carmel	30-00.00	29-02.00
6 Plum, Lindsey	11 Mt Carmel	30-00.00	27-06.00
7 Caruso, Aiden	9 Rancho Bernardo	27-00.50	27-02.00
8 Cooper, Ashtyn	11 Santana	25-10.00	26-09.00
9 Koufou, Nicole	10 Oceanside	27-09.50	26-09.00
10 Keas, Ashley	12 El Capitan	26-00.00	26-03.00
11 Bernal, Rheanna	10 Oceanside	29-11.00	25-04.00

**Mt. Carmel Field and Distance
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....Girls Shot Put Varsity

12 Shoudy, Sarah	10 Santana	26-02.00	24-10.00
13 Kendall, Rylee	11 Carlsbad	26-05.00	24-05.00
14 Eaton, Camille	11 West Hills	28-09.00	23-06.00
Flight 3			
1 Altice, Michelle	12 Del Norte	42-00.00	37-07.50
2 Gordon, Jasmyn	11 Del Norte	39-02.00	36-10.50
3 Moon, Devean	12 Del Norte	38-08.00	34-04.50
4 Sierra, Hiwalani	12 Point Loma	32-00.00	34-01.00
5 Devore, Taylor	11 West Hills	34-03.00	34-00.00
6 Wilson, Bianca	11 Mt Carmel	34-00.00	34-00.00
7 Huggins, Chelsea	12 Julian High	36-02.00	33-05.00
8 Huggins, Katie	10 Julian High	31-00.50	32-08.00
9 Castronovo, Cameron	11 Del Norte	33-05.00	32-03.00
10 Cioffi, Julia	11 Rancho Bernardo	31-00.00	32-00.50
11 Wagenveld, Sara	12 Calvin Christian	33-00.00	31-08.00
12 O'Connor, Delaney	11 Westview	33-01.00	31-06.50
13 Bowman, Shaylee	12 El Capitan	34-04.00	31-00.50
14 Ulutu, Leiloa	12 Cathedral Catholic	30-09.50	30-06.00
15 Dutton, Jessica	10 Great Oak	32-00.25	30-03.00
16 McStravick, Sydni	12 La Costa Canyon		28-03.50

Girls Discus Throw Varsity

Name	Year School	Seed	Finals	Points
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Flight 1				
1 Maher, Charlotte	9 Canyon Crest	60-00	83-01	
2 Jensen, Alexis	10 Rancho Bernardo	71-09	81-06	
3 John, Molly	9 Great Oak	72-05	75-02	
4 Stevens, Moriah	10 Mt Carmel	75-00	73-07	
5 Zada, Gilare	10 Westview	67-02	73-05	
6 Fuller, Emily	12 Westview	62-03	71-03	
7 Rowson, Marie	12 La Jolla	66-00	67-08	
8 Alvarado, Natalie	11 Santana	69-00	66-02	
9 Shoudy, Sarah	10 Santana	70-06	65-11	
10 Calvo, Kailah	9 Mt Carmel	70-00	64-10	
11 Moore, Amanda	10 Great Oak	65-00	62-00	
12 Loux, Skyla	9 La Jolla	55-08	58-00	
13 Bottin, Hannah	12 Westview	56-02	55-02	
Flight 2				
1 Hayden, Maia	12 La Jolla	78-07	88-05.50	
2 Ndifor, Ngefor	10 Mt Carmel	80-00	77-01.50	
3 Roberson, Satori	12 La Jolla	75-03	76-09.50	
4 Nance, Nicole	10 Rancho Bernardo	81-00	74-07.50	
5 Hinh, Amanda	11 West Hills	80-00	71-02	
6 Sandoval, Jenefer	12 Oceanside	78-05	70-06	
7 Tangas, Michelle	12 Great Oak	76-05	68-10.50	
8 Trifunovic, Katarina	12 La Jolla Cou	82-04	68-04	
9 Plum, Lindsey	11 Mt Carmel	80-00	67-01.50	
10 Steigerwald, Jodi	12 La Costa Canyon	80-09	61-05.50	
11 Enriquez, Donovan	12 Cathedral Catholic	78-04	60-06	
Flight 3				
1 Jeffers, Taylor	11 Great Oak	101-08	106-00	
2 Bernal, Rheanna	10 Oceanside	94-08	91-10	
3 Dutton, Jessica	10 Great Oak	92-05	87-02	

Mt. Carmel Field and Distance**Mt. Carmel High School****Results - Field Events****...Girls Discus Throw Varsity**

4 Grenowich, Lindsey	11 Rancho Bernardo	86-00	86-02
5 Cioffi, Julia	11 Rancho Bernardo	101-00	86-00
6 Ecija, Micaela	12 Carlsbad	90-00	82-08
7 Eaton, Camille	11 West Hills	85-00	81-10
8 Koufou, Nicole	10 Oceanside	84-05	78-02
9 Cooper, Ashtyn	11 Santana	84-09	72-08
10 Barrera, Kayli	11 West Hills	86-02	69-04
11 Kearney, Jenna	12 La Costa Canyon	85-05	64-09

Flight 4

1 Altice, Michelle	12 Del Norte	134-11	123-05
2 Wagenveld, Sara	12 Calvin Christian	125-00	113-09
3 Sierra, Hiwalani	12 Point Loma	119-00	109-06
4 O'Connor, Delaney	11 Westview	104-10	109-05
5 Wilson, Bianca	11 Mt Carmel	105-00	105-00
6 Castronovo, Cameron	11 Del Norte	113-02	102-01
7 Devore, Taylor	11 West Hills	114-00	96-06
8 McStravick, Sydney	12 La Costa Canyon	125-05	96-01
9 Gordon, Jasmyn	11 Del Norte	108-09	95-05
10 Moon, Devean	12 Del Norte	128-07	94-01
11 Bowman, Shaylee	12 El Capitan	110-02	89-01
12 Huggins, Chelsea	12 Julian High	111-00	81-09

Girls High Jump Novice

Name	Year School	Seed	Finals
Flight 1			
1 Kalt, Gloria	9 Torrey Pines	4-06.00	4-06.00
2 Cunningham, Halle	10 El Capitan	4-05.00	J4-06.00
3 Stewart, Katelyn	10 Great Oak	4-00.00	4-04.00
4 Leavitt, Caroline	9 Canyon Crest	4-00.00	J4-04.00
5 O'Brien, Ashleigh	9 Santana	4-02.00	4-02.00
6 Stone, Aaliyah	9 Santana	4-00.00	J4-02.00
7 Rojano, Haiden	10 Great Oak	4-00.00	4-00.00
8 Frost, Tori	9 Canyon Crest	4-00.00	3-10.00
9 Cheng, Elaine	10 Canyon Crest	4-00.00	3-08.00
10 Bonebrake, Brigitte	9 Torrey Pines	4-08.00	3-06.00

Girls Shot Put Novice

Name	Year School	Seed	Finals	Points
1 Mataafa, Aliya	9 Mt Carmel	20-00.00	28-05.00	
2 Barrera, Kayli	11 West Hills	25-04.00	27-05.00	
3 Hinh, Amanda	11 West Hills	27-00.00	25-08.00	
4 John, Molly	9 Great Oak	26-03.25	25-05.00	
5 Flint, Ellie	10 Torrey Pines	25-10.00	24-04.00	
6 DelGrande, Allison	9 Sage Creek	23-00.00	23-02.00	
7 Loux, Skyla	9 La Jolla	21-06.00	22-08.00	
8 Magers, Sara	12 El Capitan	25-00.00	22-06.00	
9 Dalupan, Shawna	9 Mt Carmel	20-00.00	21-07.00	
10 Moore, Amanda	10 Great Oak	20-11.50	21-00.00	
11 Rosas, Sydney	10 Cathedral Catholic	21-11.00	20-04.00	

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Boys High Jump Varsity

Name	Year	School	Seed	Finals	Points
1 Podraza, Zach	12	Scripps Ranch		6-02.00	
2 Komasa, Ryan	10	Point Loma	5-00.00	5-06.00	
3 Duran, Jeremii	11	Santana	5-00.00	5-04.00	
4 Chunn, Tyshawn	11	Mt Carmel	5-00.00	5-02.00	
5 Sprute, Niklas	11	Canyon Crest	4-06.00	5-02.00	
6 Donaldson, George	11	Serra	4-10.00	5-00.00	
7 Triplett, Jacquory	9	Mt Carmel	4-00.00	5-00.00	
8 Pion-Kentel, Max	12	Rock Academy	4-11.00	5-00.00	
9 Elder, Justin	9	Mt Carmel	4-04.00	4-08.00	
9 Elder, Derrick	12	Mt Carmel	5-00.00	4-08.00	
11 Barnes, Robert	11	Canyon Crest	4-06.00	4-08.00	
11 Curcio, Ryan	9	Canyon Crest	4-06.00	4-08.00	
13 Kim, Maxim	10	Canyon Crest		4-06.00	
14 Brooks, Jacob	11	Mt Carmel	5-00.00	4-06.00	
15 Henson, Hunter	11	Santana	4-04.00	4-04.00	
16 Flores, Mikael	9	Mt Carmel	4-00.00	4-02.00	
Flight 2					
1 Zaballa, Nicholas	12	Bonita Vista	5-06.00	5-10.00	
2 Bauer, Eric	12	Mt Carmel	5-06.00	5-10.00	
3 Bobof, John	11	Santana	5-04.00	5-06.00	
4 Amavizca, Angel	11	Santana	5-04.00	5-06.00	
5 Ross, Christian	10	Great Oak	5-04.00	5-06.00	
5 Willis, Lawrence	11	Mira Mesa	5-06.00	5-06.00	
7 Hardin, Cole	10	Pacific Ridge	5-06.00	5-04.00	
8 Henderson, Isaiah	12	Oceanside	5-06.00	5-02.00	
8 Coulter, Brady	11	Torrey Pines	5-02.00	5-02.00	
10 Robyn, Jonathan	10	Mission Hills	5-02.50	5-02.00	
10 Jetter, Adri	10	Santana	5-02.00	5-02.00	
12 Bibbs, Cooper	12	Oceanside	5-06.00	5-00.00	
-- Lin, Kenneth	12	Torrey Pines	5-01.00	NH	
-- Martinez, Brendan	11	Great Oak	5-04.00	NH	
Flight 3					
1 Kane, Nick	12	Great Oak	6-02.00	6-02.00	
2 Dumas, Ryan	11	El Capitan	6-04.00	6-00.00	
3 Culley, Daniel	12	Westview	5-08.00	6-00.00	
4 Holder, Mitchell	11	West Hills	5-10.00	5-10.00	
4 Farmer, Josh	10	Rancho Bernardo	6-00.00	5-10.00	
6 Wagner, Cole	12	Great Oak	5-10.00	5-10.00	
7 Anderson, Sumner	11	Torrey Pines	5-08.00	5-10.00	
8 Johnson, Spencer	11	West Hills	5-08.00	5-08.00	
8 Hansen, Tanner	11	La Costa Canyon	6-00.00	5-08.00	
10 Thomsen, Jordan	11	Calvin Christian	5-07.00	5-06.00	
11 Pequeno, Antonio	12	Rancho Bernardo	6-00.00	5-06.00	
12 Nava, Miguel	12	West Hills	5-11.00	5-06.00	
13 Godfrey, Josh	11	Bonita Vista	5-08.00	5-04.00	
14 Vasquez-Gomez, Sebastian	11	Bonita Vista	5-08.00	5-02.00	
15 Zahid, Ali	11	Westview	5-06.00	5-02.00	
16 McCall, Dylan	11	Westview	5-08.00	5-02.00	

Mt. Carmel Field and Distance**Mt. Carmel High School****Results - Field Events****Boys Pole Vault Varsity**

Name	Year	School	Seed	Finals	Points
Flight 1					
1 Shine, Lewis	11	Westview	9-00.00	11-06.00	
2 Fitzgerald, Nicolas	10	Westview	9-00.00	10-06.00	
3 Spector, Jonathan	9	Great Oak	9-06.00	9-06.00	
4 Jackson, Jason	12	Westview	9-00.00	9-00.00	
5 Torres, Alex	11	Mission Bay	8-06.00	9-00.00	
6 Underwood, Zane	11	Santana	8-00.00	8-00.00	
7 Clark, Trent	11	Oceanside	7-00.00	7-06.00	
7 Salzman, Wesley	9	Calvin Christian	8-06.00	7-06.00	
9 Collazo, Ernesto	10	Great Oak	9-00.00	7-06.00	
9 Evans, Cole	9	Santana	8-00.00	7-06.00	
11 Fernandez, Kevyn	10	La Jolla	7-09.00	7-06.00	
-- Hegeler, Barton	10	La Jolla	7-09.00	NH	
-- McCall, Dylan	11	Westview	9-00.00	NH	
Flight 2					
1 Williams, Isaac	12	Rancho Bernardo	11-06.00	12-06.00	
2 Shao, Jared	12	Rancho Bernardo	11-06.00	12-00.00	
3 Winters, Ryan	11	Rancho Bernardo	11-06.00	12-00.00	
4 Ward, Kevin	10	San Dieguito	10-06.00	11-06.00	
5 Best, Tyler	11	Torrey Pines	11-00.00	10-06.00	
6 Braun, Anson	11	Rancho Bernardo	10-06.00	10-06.00	
7 Steenstra, Johnny	11	Calvin Christian	11-06.00	10-06.00	
8 Godfrey, Josh	11	Bonita Vista	10-06.00	10-00.00	
9 Fernandez, Kevin	10	Cathedral Catholic	11-00.00	10-00.00	
10 Yang, Justin	10	Mt Carmel	10-00.00	9-06.00	
11 Girod, Nelson	12	Carlsbad	11-02.00	9-06.00	
12 Davis, Jonathan	10	Mt Carmel	10-00.00	9-00.00	
-- Sheldon, Trevor	10	Mission Hills	11-00.00	NH	
Flight 3					
1 Brown, Kyle	12	La Costa Canyon	15-07.00	16-00.00	
2 Martin, Asa	12	Great Oak	14-00.00	14-06.00	
3 La Scala, Anthony	12	Mt Carmel	14-00.00	14-06.00	
4 Ng, Skyler	12	Rancho Bernardo	15-00.00	14-00.00	
5 Podraza, Zach	12	Scripps Ranch	14-00.00	13-06.00	
6 Martin, Trevor	12	Carlsbad	13-00.00	13-00.00	
6 Reynolds, Brentan	11	Point Loma	12-00.00	13-00.00	
8 Hankins, Brandon	12	Ramona	12-06.00	12-06.00	
8 Thomsen, Jordan	11	Calvin Christian	12-06.00	12-06.00	
10 Temprendola, Peter	12	Cathedral Catholic	13-06.00	12-06.00	
11 Holder, Mitchell	11	West Hills	12-02.00	12-00.00	
12 Thompson, Garrett	11	Great Oak	13-00.00	11-06.00	
-- Tenney, Bryce	11	Great Oak	12-00.00	NH	

Boys Long Jump Varsity

Name	Year	School	Seed	Finals	Wind	Points
Flight 1						
1 Bass, Naom	11	Mission Bay	17-00.00	19-07.00	+0.0	
2 Ryu, Leo	11	Westview	17-00.00	19-06.00	1.9	
3 D'Aquisto, Antonio	11	Mira Mesa	17-06.00	18-05.50	0.4	
4 Leon, Joshua		Mission Bay		18-04.50	1.1	
5 Nguyen, Richard	11	Mira Mesa	17-05.00	18-04.25	2.0	

Mt. Carmel Field and Distance**Mt. Carmel High School****Results - Field Events****....Boys Long Jump Varsity**

6 Slaton, Tyler	10 Westview	16-00.00	18-02.50	+0.0
7 Bobof, John	11 Santana	17-00.00	17-04.75	0.7
8 Sachrison, Jonathan	10 Francis Parker	17-00.00	17-03.00	NWI
9 Chen, Michael	12 Serra	15-02.00	16-08.00	NWI
10 Smith, Tyler	9 Julian High	15-00.00	16-05.25	NWI
11 Costanza, Nick	9 La Jolla	15-00.00	15-08.50	0.9
12 Andrews, William	11 La Jolla		15-08.00	NWI
13 Sachrison, Ben	12 Francis Parker	16-00.00	15-06.00	1.7
14 Wolf, Cole	10 La Jolla	14-08.00	14-11.50	+0.0
-- Bananal, Jacob	12 Westview	17-00.00	ND	NWI
-- Brandon, Xavier	10 Mission Bay	16-00.00	ND	NWI

Flight 2

1 Pratt, Bryan	10 Serra	18-04.00	19-11.75	1.0
2 Marquez, Alexis	11 Serra		19-02.50	1.7
3 Ngo, Joseph	11 Mira Mesa	18-10.00	19-02.25	+0.0
4 Fernandez, Kevin	10 Cathedral Catholic	19-00.00	18-04.75	1.0
5 Smith, Malik	11 Cathedral Catholic	18-08.50	18-03.00	1.5
6 Gross, Benjamin	10 Torrey Pines	17-06.50	18-02.00	-0.6
7 Pion-Kentel, Max	12 Rock Academy	18-00.00	18-00.50	+0.0
8 Thomsen, Jordan	11 Calvin Christian	17-10.50	18-00.00	1.6
9 Devera, Ronald	12 Mira Mesa	18-05.00	17-10.75	1.5
10 Hughes, Isaac	12 Del Norte	18-00.00	17-08.00	1.5
11 Ash, Carl	11 Pacific Ridge	18-00.00	17-06.00	1.2
12 Elder, Derrick	12 Mt Carmel	18-00.00	17-05.00	0.5
13 Altoveros, Ian	12 Mt Carmel	18-00.00	17-01.25	2.3
13 Wood, Alexander	12 Carlsbad	18-06.00	17-01.25	0.2
15 Patron, Miguel	12 Mt Carmel	19-00.00	17-00.00	0.7
16 Duran, Jeremii	11 Santana	17-10.00	16-10.00	1.1
17 Ramirez, Ivan	9 El Capitan	17-07.00	16-02.75	1.5
-- Hardin, Cole	10 Pacific Ridge	18-05.00	ND	NWI
-- Saulsberry, Marcus	12 Serra	18-04.00	ND	NWI

Flight 3

1 Dumas, Ryan	11 El Capitan	21-03.00	21-04.50	3.0
2 Bibbs, Cooper	12 Oceanside	21-00.00	21-03.75	3.2
3 Thomsen, Ryan	12 Calvin Christian	22-03.00	20-08.50	2.3
4 Fernandez, Gregory	11 Cathedral Catholic	20-10.00	20-04.00	1.5
5 Christopher, Parker	12 Ramona	19-02.00	20-00.00	1.7
6 Muschell, Jonathan	12 San Dieguito	20-08.00	19-09.50	0.3
7 Sullivan, Tahjai	11 Mt Carmel	22-00.00	19-06.75	1.6
8 Ruth, Deondre	9 Oceanside	19-02.00	19-00.75	0.7
9 Girod, Nelson	12 Carlsbad	19-04.75	19-00.50	0.5
10 Carter, Ethan	12 Torrey Pines	19-04.00	18-11.50	2.9
11 Godfrey, Josh	11 Bonita Vista	19-09.00	18-09.75	1.3
12 Henderson, Isaiah	12 Oceanside	20-06.00	18-09.50	0.8
13 Huo, Brian	11 Del Norte	19-02.00	18-07.00	+0.0
14 Knutson, Sekaye	11 Mission Hills	19-00.50	18-06.75	+0.0
15 Hofrichter, Luke	10 Cathedral Catholic	19-00.75	18-05.00	0.9
16 Zaballa, Nicholas	12 Bonita Vista	19-05.00	18-04.00	0.2
17 Garcia, Joshua	11 Oceanside	19-08.00	18-01.25	2.8
-- Lindahl, Jacob	11 Santana	20-00.00	ND	NWI

Mt. Carmel Field and Distance**Mt. Carmel High School****Results - Field Events****Boys Triple Jump Varsity**

Name	Year	School	Seed	Finals	Wind	Points
Flight 1						
1 Harris, Isaiah	12	Serra	35-00.00	42-07.50	2.1	
2 Vasquez-Gomez, Sebastian	11	Bonita Vista	37-00.00	40-02.00	1.8	
3 Pion-Kentel, Max	12	Rock Academy	36-00.00	39-08.50	1.5	
4 Ryu, Leo	11	Westview	36-00.00	38-04.00	2.0	
5 Wood, Alexander	12	Carlsbad	35-06.00	37-08.75	1.6	
6 Gross, Benjamin	10	Torrey Pines	37-03.00	37-03.50	NWI	
7 Bass, Naom	11	Mission Bay	34-00.00	37-02.50	1.0	
8 Brandon, Xavier	10	Mission Bay	33-00.00	36-09.00	1.0	
9 Johnson, Jefree		Mission Bay	32-00.00	36-05.00	1.0	
10 Bobof, John	11	Santana	34-00.00	35-04.50	0.4	
11 Ruth, Deondre	9	Oceanside	35-06.00	34-07.00	1.2	
12 Young, Jordan	9	West Hills	36-00.00	33-08.00	1.0	
13 Cederquist, Jonathan	10	Scripps Ranch		33-04.00	1.2	
14 Ecija, Matt	11	Carlsbad	35-02.00	33-00.50	1.3	
15 Nguyen, Richard	11	Mira Mesa	32-00.00	32-11.50	NWI	
16 Chen, Michael	12	Serra	30-02.00	32-04.50	NWI	
17 Olmeta, Alex	9	Francis Parker	28-00.00	32-01.00	0.3	
18 Sachrison, Jonathan	10	Francis Parker	33-00.00	32-00.00	NWI	
19 Salzman, Wesley	9	Calvin Christian	37-00.00	31-07.00	1.7	
20 Sachrison, Ben	12	Francis Parker	32-00.00	30-11.50	NWI	
Flight 2						
1 Ngo, Joseph	11	Mira Mesa	38-06.00	40-10.25	1.2	
2 Christopher, Parker	12	Ramona	41-01.00	40-02.00	1.1	
3 Fernandez, Gregory	11	Cathedral Catholic	40-05.00	40-01.50	0.8	
4 Farmer, Josh	10	Rancho Bernardo	40-04.00	40-01.25	0.7	
5 Muschell, Jonathan	12	San Dieguito	40-00.00	40-00.75	1.6	
6 Fernandez, Kevin	10	Cathedral Catholic	38-07.00	39-01.75	0.4	
7 Zaballa, Nicholas	12	Bonita Vista	38-00.00	38-08.50	1.2	
8 D'Aquisto, Antonio	11	Mira Mesa	37-10.00	38-01.00	1.0	
8 Henderson, Isaiah	12	Oceanside	40-00.00	37-08.75	0.8	
9 Oetting, Justin	12	Carlsbad	37-04.50	37-07.25	1.3	
10 Patron, Miguel	12	Mt Carmel	39-00.00	37-01.25	1.7	
11 Hughes, Isaac	12	Del Norte	39-02.00	37-00.50	+0.0	
12 Tsai, Allen	11	Rancho Bernardo	38-06.00	36-05.50	0.8	
13 Torres, Antonio	12	Mt Carmel	39-00.00	34-09.25	1.3	

Boys Shot Put Varsity

Name	Year	School	Seed	Finals	Points
Flight 1					
1 Mann, Chris	12	Mission Hills		44-08.00	
2 Nguyen, Jimmy	10	Serra	30-02.00	39-08.50	
3 Milsap, Jonathan	11	Mira Mesa	30-00.00	38-04.50	
4 Gomez, Isaac	10	Serra	28-00.00	37-03.00	
5 Podraza, Zach	12	Scripps Ranch		35-05.50	
6 Brouwer, Nico	10	Calvin Christian	30-00.00	31-11.00	
7 Phan, Kevin	12	Serra	30-00.00	31-07.00	
8 Agustin, Erwin	11	Mt Carmel	30-00.00	30-06.50	
9 Idelchik, Leon	11	Canyon Crest		30-00.00	
10 Ortega, Isaac	12	Canyon Crest	29-04.00	29-02.50	
11 Van de Grift, Sean	9	Cathedral Catholic	28-09.00	29-02.00	

**Mt. Carmel Field and Distance
Mt. Carmel High School
Results - Field Events**

....Boys Shot Put Varsity

12 Ajlouny, Alex	10 Cathedral Catholic	29-04.00	27-06.00
13 Mesfin, Millyon	11 Mira Mesa	25-00.00	27-03.00
14 Saville, Garrett	11 Carlsbad	18-02.00	16-07.00
Flight 2			
1 Childress, Adam	12 Santana	37-04.00	39-09.00
2 Ochi, Chiemeka	11 Mt Carmel	36-00.00	39-03.00
3 Linnell, Matthew	10 Westview	33-10.00	39-01.00
4 Shubat, Patrick	11 Torrey Pines	38-00.00	39-00.00
5 Wesley, Nathan	11 San Dieguito	34-10.00	37-05.00
6 McDonough, Robert	12 El Capitan	35-08.00	37-03.00
7 Vargo, Adam	11 Santana	37-10.00	37-00.00
8 Jackson, Kaydence	11 Mission Bay	35-00.00	36-05.00
9 Moreno, Joseph	11 Carlsbad	35-11.00	36-01.00
10 Bacoy, Roman	11 Mt Carmel	34-00.00	36-01.00
11 Laforteza, Dale	12 Del Norte	33-05.00	33-08.00
12 Olep, Greyson	11 Canyon Crest	35-00.00	33-00.00
13 Miller, Cameron	11 Francis Parker	35-00.00	30-11.00
14 Padre, Nyall	12 Canyon Crest	35-00.00	30-01.00

Flight 3			
1 Lenford, Charles	12 Oceanside	61-08.00	56-11.00
2 Knowlton, Seth	12 Great Oak	52-05.00	52-11.00
3 Lecakes-Jones, Devin	12 Rancho Bernardo	53-03.75	52-05.00
4 Rowe, Trey	12 Westview	45-07.00	44-11.00
5 Poma, Shawn	9 Cathedral Catholic	42-10.00	44-01.50
6 Kitten, Jacob	12 Santana	44-02.00	43-09.00
7 Smith, Duncan	12 Rancho Bernardo	44-05.00	42-11.00
8 Sommers, Anthony	12 San Dieguito	43-06.00	42-10.00
9 Gould, Harrison	10 Great Oak	43-08.00	42-08.50
10 Navarro, Jaime	10 Great Oak	43-02.00	42-07.50
11 Lane, Chase	11 Rancho Bernardo	44-11.50	42-03.50
12 Mikolosko, Nicolas	12 Torrey Pines	41-07.00	40-04.50
13 Harbison, Robert	12 Westview	42-10.00	40-00.00
14 Bias, Robert	10 Westview	40-09.00	40-00.00
15 Hoaglund, Zane	12 Oceanside	38-06.00	39-03.50
16 Reyes, Oscar	12 Ramona	41-04.00	39-03.00
17 Mota-Lopez, Brayan	11 Bonita Vista	39-00.00	39-01.00

Boys Discus Throw Varsity

Name	Year School	Seed	Finals	Points
Flight 1				
1 Smith, Elijah	11 Mission Hills		125-06	
2 Mann, Chris	12 Mission Hills		123-02	
3 Smith, Jamar	12 Mission Hills		119-05	
4 Gomez, Isaac	10 Serra	68-00	107-07	
5 Podraza, Zach	12 Scripps Ranch		107-00	
6 Phan, Kevin	12 Serra	78-00	94-11	
7 Hajj, Ryan	11 Canyon Crest	72-08	76-05	
8 Heffernan, Cameron	11 Serra	65-00	76-00	
9 Van de Grift, Sean	9 Cathedral Catholic	73-04	68-08	
10 Salabye, Coleman	10 Serra	67-00	68-05	
11 Kapich, Alexander	Canyon Crest		64-06	
12 Saville, Garrett	11 Carlsbad	47-08	64-00	
Flight 2				

Mt. Carmel Field and Distance**Mt. Carmel High School****Results - Field Events****...Boys Discus Throw Varsity**

1 Childress, Adam	12 Santana	93-06	112-10
2 Nguyen, Jimmy	10 Serra	84-00	110-11
3 Idelchik, Leon	11 Canyon Crest		105-02
4 Denison, Austin	10 West Hills	92-09	104-06
5 Villa, Dante	10 Westview	97-03	102-11
6 Mitchell, Andrew	11 La Jolla	96-01	100-09
7 Davis, Elishah	11 Santana	95-04	98-02
8 Ochi, Chiemeka	11 Mt Carmel	90-00	95-04
9 Moreno, Joseph	11 Carlsbad	91-10	93-02
10 Miller, Cameron	11 Francis Parker	80-00	91-02
11 Ajlouny, Alex	10 Cathedral Catholic	81-00	86-07
12 Dutra, Samuel	11 Mt Carmel	95-00	86-02
13 Agustin, Erwin	11 Mt Carmel	90-00	75-07
14 Brouwer, Nico	10 Calvin Christian	84-00	69-04

Flight 3

1 Jackson, Kaydence	11 Mission Bay	112-00	121-00
2 Chestnut, John	11 Great Oak	115-00	118-09
3 Shubat, Patrick	11 Torrey Pines	110-02	115-00
4 Martinez, Michael	12 West Hills	101-00	114-00
5 McDonough, Robert	12 El Capitan	119-10	111-11
6 Rowe, Trey	12 Westview	117-00	111-04
7 Vargo, Adam	11 Santana	110-06	110-03
8 Bacoy, Roman	11 Mt Carmel	105-00	109-08
9 Hoaglund, Zane	12 Oceanside	100-00	108-09
10 Hecht, Damillan	12 Bonita Vista	100-00	104-10
11 Laforteza, Dale	12 Del Norte	110-00	103-11
12 Partlow, Robert	12 La Costa Canyon	120-08	101-01
13 Wesley, Nathan	11 San Dieguito	101-00	99-03
14 Padre, Nyall	12 Canyon Crest	110-03	98-06
15 Olep, Greyson	11 Canyon Crest	97-03	93-11
16 Stoner, Payton	11 Mt Carmel	100-00	89-03

Flight 4

1 Knowlton, Seth	12 Great Oak	172-00	192-03
2 Lenford, Charles	12 Oceanside	195-04	188-00
3 Lecakes-Jones, Devin	12 Rancho Bernardo	146-08	148-02
4 Sommers, Anthony	12 San Dieguito	149-11	142-05
5 Navarro, Jaime	10 Great Oak	126-03	140-06
6 Gould, Harrison	10 Great Oak	136-11	139-10
7 Reyes, Oscar	12 Ramona	129-04	132-05
8 Poma, Shawn	9 Cathedral Catholic	138-04	131-10
9 Smith, Duncan	12 Rancho Bernardo	125-00	125-09
10 Nagy, Chris	12 Westview	127-03	123-11
11 Maza, Juan	11 La Costa Canyon	135-06	121-04
12 Myung, David	12 Westview	121-04	116-05
13 Arellano, Alejandro	12 Rancho Bernardo	125-00	114-08
14 Lane, Chase	11 Rancho Bernardo	137-05	107-03
-- Mercier, Chasen	12 Great Oak	123-05	ND

Boys High Jump Novice

Name	Year School	Seed	Finals
Flight 1			
1 Johnson, Tej	9 Great Oak	5-04.00	5-08.00
2 Ruth, Deondre	9 Oceanside	5-00.00	5-02.00

**Mt. Carmel Field and Distance
Mt. Carmel High School
Results - Field Events**

....Boys High Jump Novice

2 Madrigal, Oscar	9 Oceanside	4-10.00	5-02.00
4 Yokley, Yaphet	9 El Capitan	5-05.00	J5-02.00
5 Browning, Jack	9 West Hills	4-10.00	5-00.00
6 Gaskins, Grant	9 Great Oak	5-02.00	J5-00.00
7 Young, Jordan	9 West Hills		J5-00.00
8 Lugo, Andrew	9 Canyon Crest	4-06.00	4-10.00
9 Andrews, William	11 La Jolla		J4-10.00
10 Larsen, Soren	9 La Jolla	4-06.00	4-06.00

Boys Shot Put Novice

Name	Year School	Seed	Finals	Points
1 Arellano, Alejandro	12 Rancho Bernardo	46-00.00	42-10.00	
2 Partlow, Robert	12 La Costa Canyon	42-11.00	39-08.00	
3 Siedler, Christian	11 Great Oak	39-09.75	39-07.00	
4 Maza, Juan	11 La Costa Canyon	40-07.00	39-04.00	
5 Mercier, Chasen	12 Great Oak	40-09.50	38-04.00	
6 Martinez, Michael	12 West Hills	35-05.00	35-11.00	
7 Heffernan, Cameron	11 Serra	29-02.00	J35-11.00	
8 Denison, Austin	10 West Hills	34-07.00	32-08.00	
9 Kapich, Alexander	Canyon Crest	27-05.00	30-11.00	
10 Hajj, Ryan	11 Canyon Crest	29-00.00	30-05.00	
11 Rokach, Tamir	9 Mt Carmel		27-01.00	
12 Pahuriray, Lance	9 Mt Carmel		25-01.00	
13 Salabye, Coleman	10 Serra	28-00.00	24-10.00	
14 Olson, Matt	11 Cathedral Catholic	24-00.00	24-07.00	